Board Adopts Housing Hike

By Gloria T. Kuple

Board of Regents for Oklahoma State University and Oklahoma Colleges this year will continue the tenant-finding program for student housing and will increase student fees associated with the program.

A student residing in a apartment with a single bed that includes all utilities will increase $125 to $120,632 for the year. Fees for a student residing in a two-bedroom apartment will increase $124 to $120,632 for the year. Fees for a student residing in a two-bedroom apartment will increase $124 to $120,632 for the year.

"The increase is typical of a college," said Dr. Kenneth Cothren, president of Oklahoma State University. "It is approximately 10 percent of the annual increase in the cost of living."
SWEET DREAMS

Mary Lee, Miami freshman, and Alicia Mcguire, Muskingum freshman, enjoy their favorite pastime of sleeping on the lawn of Vass Hall. Getting their rest is very important when they’re busy with other activities.

Dreaming Occurs In Stages, Sleeping Lets Mind Wander

By Commander Sullivan

Fear or silly, dreams come to people while they sleep, happenings of the future, present, or past. Human emotions can be wrapped up in a dream. For instance, sadness, happiness, tragedy, joy, hostility, depression, love, amusement, and of course, love.

Adults sleeping eight hours may have four or five dreams a night, lasting an average of 15-20 minutes, but different people may vary.

“Everyone dreams, or at least animals with a central nervous system do,” commented Raffel Maynard, psychology student.

Dreams have always been viewed as mysterious, ominous, or supernatural. Some people go to books, dictionaries, even psychologists to help them understand the meaning of their dreams.

Dreams have been used in many societies as folklore, religious, and spiritual symbols. Some people believe that dreams are a way for our subconscious mind to communicate with the outside world.

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Help Available

Program Offers Student Aid

The vocational rehabilitation program offers aid, such as supplies, books, fees, and room and board, to those students who have a vocational handicap and meet all eligibility requirements.

Most of the people are away from home and have a physical or mental handicap. They are often in need of food, clothing, and other necessities. The program provides a variety of services to help these students.

“We’ve been known to provide eye glasses and medical supplies and physical rehabilitation, which includes doctors and nurses. We also have been known to provide physical therapy, which is also part of our vocational rehabilitation program. We can provide a variety of services to help these students. Some of the handicaps which are considered to be vocational include blindness, deafness, mental retardation, muscular dystrophy, and learning disabilities.

The requirements that must be met in order to qualify for the program are:

1. A diagnosis of a physical or mental handicap.
2. An ability to benefit from the program.
3. A willingness to participate in the program.

“An evaluation is needed by a specialist examination. We obtain a general physical examination from the doctor of the student’s choice. This examination is obtained depending upon the kind of impairment. Once we have this information, a diagnosis is made by the examiner.”

The program offers aid to those who qualify. It is in effect on the north side of the old gym.
Frisbee Golf Gains Recognition

"Nowadays it costs $10 to go out for a football game and $70 for a baseball game," said this many like many try to avoid athletic activities, but not when it comes to the Frisbee game.

One of the newest sports on the market is frisbee golf. The cost is only $20 for a Frisbee, and the sport is rapidly becoming one of the most popular activities around.

"It's a lot of fun," said Bette Reves. "It's the sport for you!"

You can play a game of frisbee golf anywhere, as long as you have a special frisbee. The rules are simple: you try to get your frisbee into the hole, in as few throws as possible.

Frisbee golf varies from a simple game of frisbee to a full-scale competition. It attracts both beginners and experienced players.

The course is set up at the tennis courts or any open area. You can find the frisbee golf course located in Riverview Park, in Southeast Miami.

Two Types of Situations

Depression Strike Leads to Suicide

"Suicide is a serious issue," said Dr. William T. Graham. "It affects many people of all ages and backgrounds."

Depression is a leading cause of suicide, and it can affect anyone. Depression can be caused by a variety of factors, including stress, family issues, and health problems.

"Depression can be a very difficult illness to manage," said Dr. Graham. "But with proper treatment, it is possible to overcome it."
New Workout Room Recently Completed

By Steve Crown

Following a state report less than a year ago the new
workout room located on the south side of the Fieldhouse
was turned over to the campus.

The plans for the multipurpose room, which will
mainly serve as the new wrestling practice rooms, were
brought up to the legislature over two years ago, but the $94,000
contract for the 4500 room was not drawn up until last year.

"There are two main pur-
poses for the room," stated
athletic director Dr. David
Converse. "It is not just a
wrestling facility, but a multi-
purpose room, which will
serve as a large class room in
the gym.

"We really needed this room
after the renovation of the old
practice room (located in the
corner of the intramural
area into a music room),
Dr. Converse said.

This year the wrestling
practices took place in the old
gym, but with the main being
on the basketball court this
took away from the activities
of other students.

As far as the wrestling pro-
gram goes both Dr. Converse
and wrestling coach John
Hilton feel the room will add
to recruiting and a better program.

"This room will be a consider-
able advantage for recruiting
for the wrestling program," said Dr. Converse.

"It is a very nice facility for
the athletes and we are glad
we have it."

BARELY SAFE

Star Comment: LongIPon narrowly loses a throw to first base in a doubleheader against

Input/Output Center

Spring Program Underway
As Gridders Lift Weights

By Bill Torrell
体育

We’ve been real pleased with our gains in the weight
and agility program, we’ve really done a lot of improve-
ment in strength and quick-
ness," head football coach
Glen Wolfe explained about
the squad’s off-season program.

The Golden Norsemen have
been in their weightlifting
and agility program since a week
after the 1980 season ended, and
have recently gone outside
for their off-season workouts.

"Although we are only going
to work spring drills in shoulder
pads and head gear 1 or 2 days per week we can still get a lot done
working on fundamentals such
as tackling form, stance, and
blocking," Wolfe said.

The spring drills will help us;
I feel the most important thing is
our weight program. You can really see some of the improvements on
weight and strength in the right
places," Wolfe added.

"We feel that the spring
workout is going to help us a lot
and will give us a head start on
the season," Wolfe said.

The gridders will work outside
on a varied schedule from 3-4 in the afternoon and the players are
now in the off-season and will be
on their own after-
wards.

Supporting a good recruiting season and returning a number of
stars, the Golden Norse football squad look to far	

Tracksters Compete Against
Four Year Powers in Classic

Tenn points. Southern Michigan
won the meet easily with 183
points. Winona State won the
froes in a meet with 140 points.
Four schools met at Linnean
University with 160 points, the
Lake Norsemen of 160, and
Pittsburgh State win 123.

Garretson threw third place in the discus with a distance of 30 feet, the
Fre-

demand for shoes also took fifth
place in the shot put with a

Adams Williams finished fourth in the meter dash with a
time of 12.77. Barbara Anderson and Diane Jones finished
with times of 13.99, and in 13.89, respectively. Williams
improved to a third place finish
in the 200 meter dash at 26.3. Jones came in third
seconds later at 26.8.

The Ladies had their best day in the 200 meter dash with the
of 15.79. In the 400 relay, the team
of Williams, Melvina Cottle, Margie Brown and Patem finished
to a third place finish with the

Taking third in the mile run was the team of Anderson,
Williams, Hurley, and Judkins earning a time of 11.31. Margie
Brown was sixth in the 440 meter dash, finishing in a
time of 15.69. Judkins managed
a fifth place finish in the

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14 North Main
Poor Norse Fielding, Hitting Lead to Ladies Softball Loss

By Steve Hill.

Poor fielding and a drought at the plate, plus a determined Iowa softball squad contributed to a blanks Whirl -- the Lady Norse lost two games Sunday, 4-2, 6-0.

The Ladies opened their season last Thursday with the only two other game they have played this year, the 4-2 game. The Norse were held to one run on six hits, plus two errors.

In the second game, the Norse were swept 6-0 on six hits, plus three errors.

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Bi-State Foe Westark Site

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Springtime is Cleaning Time

Spring has finally arrived, and with this in mind, one might be reminded of a long-observed tradition...spring cleaning.

After enduring another Oklahoma winter, signs of life are beginning to reappear on campus. The jocks are outside throwing the football around, some are out there tossing frisbees, and best of all, the girls are starting to work on their tans. Life is anew.

And now that everyone is full of new life and vitality, we might channel some of that excess energy into the monumental task of cleaning up our dormitories.

There's a few rooms around here that have had their summer visitors. Some have already been cleaned, while others are still to come. Now that it's spring, everyone should get in the spring cleaning act and straighten up and clean out their rooms.

In case some of you haven't noticed, the maintenance crew has already got a big head start on the rest of us. For the past few weeks they have been busy working on the grounds of our campus. They can be seen working on the flower beds, pulling weeds and breaking soil, planting new shrubbery and trimming the old.

They have begun work on the fountain, washing and scraping the remains of last fall's意识形态 of Time that some clever, but unoriginal, prankster threw there in there.

The crew in the little blue truck has been buzzing around picking up trash, tree limbs, and other objects that have been concealed by an occasional snowfall.

In short, everyone is in the act of cleaning up, at least what is visible from the outside. But what about the inside, where we live? There have been few complaints of signs of rock & roll in the garbage that has been accumulating since...

Registration? By now the dust has probably come across, this is the time for spring cleaning. So the next time you're sitting around with nothing to do, why not take some time and spruce things up a bit? You'll enjoy the change of scenery.

Chartbusters

AC/DC

After many years of hard, never-ending work, vocalist Brian Johnson, guitarist Angus Young and Malcolm Young, bassist Cliff Williams, and Drummer Phil Rudd have become a high-voltage current in the mainstream of the force of rock music.

When AC/DC first started in the early 70's they were considered an outrage because the people of Australia were not accustomed to the high-intensity heavy metal and a show of bare chests, Nixon and turn up school-boy uniforms which are still their trademarks.

Their album "Back in Black" sold over eight million copies and their latest release "For Those About to Rock" is selling even faster.

Brian Johnson commented in a recent issue of "Hit Parade" magazine, "We just want to throw a good time and hope that everybody out there listening is having a good time too."

For those of you who like AC/DC, the band is definitely a constant current of excellence worth some serious consideration.

MUSIC NOTE

The music we have all been waiting for has finally arrived. This week, EMI Records announced the release of a new album by the "Flam Fandango". The album, which is entitled "Dirt Music," will contain some hits previously released and two singles that were recorded but never before pressed onto vinyl.
The Norsewind – the NEO A&M College Newspaper

Digital copies of The Norsewind, Northeastern Oklahoma A&M College’s student newspaper, are available in .pdf format on the NEO website for non-commercial purposes only. Scans were created using the best available editions through the assistance of the Oklahoma Higher Education Historical Society from microfilmed images. Where stains, color-fading, contributed marks or ripped pages were visible on the original, they also appear in the digital copy. NEO newspaper editions that do not appear on the website are not part of the collection at present. If you would like to donate a missing, damaged or incomplete copy of The Norsewind, please contact the NEO Library.