Nurse Wind
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Friday, April 8, 1988

Regular visits help detect virus
Doctors provide precautionary methods

Editor’s Note: The following article is in a series of articles on the Antibody Test for the Acquired Immune Deficiency Syndrome (AIDS). This article discusses how to protect yourself against the AIDS virus.

By Jacque Griffin

A person needs to know how to protect their health against the AIDS virus, according to the American Red Cross.

To help maintain good health, you should be careful to protect your contact from your body fluids, which may carry the AIDS virus.

AIDS viruses may be spread by contact with infected blood.

Body fluids include blood, semen, urine, saliva and vaginal secretions.

Use condoms, which will help reduce the chances of spreading the virus. Avoid practices such as mutual masturbation, that may cause body fluids to enter the bloodstream. Oral genital contact should be avoided as stated above.

People who have been exposed may have been exposed to the AIDS virus. Anyone who has been exposed and must be treated by a health care provider.

Clear blood is not always the presence of the AIDS virus. If your body fluids may carry the virus, you should be examined by a doctor.

When a nurse is involved, seek the advice of your doctor or health care provider who will give you the appropriate information.

If you are a woman with a positive test result, consider pregnancy into account. If you are pregnant, you should be informed of the possible risks.

It is important to discuss the problem with your doctor or health care provider and your computed tomography (CT) scan is the best method.

Dinner slated

College food service professionals will be able to enjoy a combination of ethnic foods and explore their potential for shareability.

The dinner will be served at 4 p.m. on the fourth floor of the cafeteria and is open to all.

The dinner will feature ethnic foods from around the world and will offer a variety of ethnic foods, such as Asian, Mexican, and Italian.

The dinner is open to all individuals who are interested in exploring ethnic foods and sharing their experiences.

The dinner will be sponsored by the American Red Cross and the Public Health Service

Next week the three-part series will conclude with an interview with the professional approach to understanding the AIDS epidemic.
AIDS testing to involve institutions

Editor's note: The following article appeared in part in the April 8, 1989 edition of THE CHRONICLE.

More than 30 universities across the country are expected to participate in a blood-testing program that would give health researchers their first reliable figures on the number of college students infected with the virus that causes AIDS.

The program would draw blood that had been drawn for other purposes at the universities' health services.

It would be a "blinded" study, intended to gather demographic information rather than to alert individuals to the presence of the virus in their blood. No names would accompany the samples sent by institutions for testing, and there would be no means of tracing a sample, whether positive or negative, to the affected student.

The program would be administered by the American College Health Association for the U.S. Public Health Service's Centers for Disease Control. It is now awaiting final approval from the CDC.

It is part of a nationwide survey in which the Centers for Disease Control hopes to obtain crucial "baseline" information about levels of H.I.V. infection among groups of various ages in different regions. Similar blinded studies are planned in other ways in a variety of other settings where blood is regularly drawn, among hospitals, women's health clinics, and clinics that treat sexually transmitted diseases.

Researchers believe that H.I.V. or human immunodeficiency virus, will eventually cause AIDS in a large proportion of those infected by it. So far, the Centers for Disease Control have been able to offer an extended look at the extent of H.I.V. infection in the United States, in part because years can pass between the time a person is infected and the appearance of the symptoms of the disease.

Information about the extent of H.I.V. infection in the college-age population has been largely limited to hearsay.

Richard P. Kasel, who heads the college health association's AIDS task force, said the study would provide "the first actual data about the frequency of H.I.V. infection among students, who are increasingly a high-risk population."

"It will be a great help as a first, broad-brush attempt to understand what these patterns are," said Dr. Kasel, who is the director of the health service at the University of Virginia. "It would obviously be of great importance for subsequent educational programs, telling us where the need for programs is greatest, and which programs are the most effective."

Dr. Kasel said that he had expected the study to help define "the risk factors among various kinds of students."

The testing program, which is expected to examine the blood of 200,000 students over a period of about a year, will begin as soon as the Centers for Disease Control give final approval, according to Doug Conaway, who is coordinator of the association's AIDS project.

Mr. Conaway said the association had promised not to release the names of universities invited to participate in the study. He said, however, that some had already made their participants public on a local basis by seeking the approval of student organizations or by explaining the program's goals to student-newspaper members.

Most of the institutions, but not all, are public universities, he said. Mr. Conaway said the institutions invited to participate had been chosen in part because their health services routinely collect blood samples over a fairly short period.

Also considered, he said, were each institution's proximity to some of the cities in the overall survey by the Centers for Disease Control and how many of the institution's students came from its immediate vicinity.

Another requirement was that all institutions in the survey offer their students confidential H.I.V. testing. Mr. Conaway said, with counseling available both before and after the test.

He said this requirement was intended to overcome one of the disadvantages of the blinded design of the program, by allowing concerned students to find out whether they have been exposed to H.I.V.

A blinded study was chosen because it offers several important advantages, said Dr. Kasel. It lessens the chance of bias in the sample group, he said, noting that the other major study of people in the same age group is the testing program for military recruits—probably involved considerable sampling bias.

He added that, as in a further check on sampling bias, researchers would compare the demographic information of students whose blood was included in the study with information about the populations of each campus.

Also, said Mr. Conaway, blinded studies are relatively inexpensive and quick, and they do not require researchers to seek the consent of participants.

A disadvantage, he said, is that no information about the risk factors of participants can be collected.

Summer thoughts disrupt deadlines

It is not secret that in just a few short weeks, our lives will be summer-bound. It is really getting to be hard to concentrate on anything but sleeping late and playing in the sun. True, some of us will be working through the warm months, but the fact remains that it is still summer.

Although summer is right around the corner, it is important to remember where we are and who we are here. There is a rather large hurdle between now and the summer, and that hurdle is known as finals.

We thought we were out of this mess when we graduated from high school. Even some of those who had already planned to attend college had gotten so wrapped up in the mood of things, they did not really seem to realize what college was all about.

Now we are here and we have almost completed another year of school. For freshmen, the year took a lot of getting used to. One of the hardest parts would have to be making ourselves accustomed to studying real hard-core subjects.

We need to keep in mind how far we have come since the beginning of the school year, and now, more than ever, we need to complete that last yard run any other would. It is just like running in a track meet. A runner trains and practices all year. When that race comes around, the runner has got to contribute everything he has learned to doing the best he can.

When the runner is coming around the track for the final lap, he must give his heart and his heart and his heart and his heart. After all there is no longer working on something at the school and months if it is all going to be thrown in the last stretch.

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Instructor understands nursing field

By Carolyn Akre

The nursing program at the University of Miami has a strong tradition of excellence in its nursing courses, which is why it is attracting a growing number of students.

“Miami has a strong nursing program that attracts students from all over the world,” said one of the nursing instructors, Dr. Jane Smith. “We offer a wide range of courses that prepare students for careers in nursing.”

Smith explained that the nursing program at Miami is designed to meet the needs of students who want to become nurses.

“Students who choose to study nursing at Miami will find a supportive and dynamic learning environment,” said Smith. “We have a team of experienced and dedicated faculty members who are committed to helping students achieve their goals.”

Smith emphasized that the nursing program at Miami is highly regarded and has a strong reputation.

“Miami’s nursing program is ranked among the best in the country,” said Smith. “Our students go on to successful careers in nursing and are well-prepared to meet the challenges of the profession.”

The nursing program at Miami offers a variety of degree options, including a Bachelor of Science in Nursing (BSN) and a Master of Science in Nursing (MSN).

“I encourage students to consider studying nursing at Miami,” said Smith. “Our program offers an excellent education and prepares students for successful careers in the nursing field.”

Coed broadens education

By JoAnn Lott

The Miami University of Ohio has a strong coeducation system that allows students to choose from a variety of courses and majors.

“Miami University has a coeducation system that is well-respected,” said one of the students, John Smith. “I chose to study in the coeducation system because it allowed me to explore different majors.”

Smith explained that the coeducation system at Miami University offers students the opportunity to choose courses that interest them.

“I was able to take courses in both the sciences and the humanities,” said Smith. “This allowed me to develop a well-rounded education.”

The coeducation system at Miami University is designed to meet the needs of students who want to study in a variety of fields.

“Miami University is committed to providing a diverse and inclusive education,” said Smith. “The coeducation system allows students to explore different majors and choose courses that interest them.”

The coeducation system at Miami University is highly regarded and has a strong reputation.

“I encourage students to consider studying in the coeducation system at Miami University,” said Smith. “Our program offers an excellent education and prepares students for successful careers.”

Teacher learns from the news

By Dana Morrison

The Miami University of Ohio has a strong reputation for its commitment to education.

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Emperor captures oscars

Two-time winner Marylou Sterling, a helmet-wearing, turtle-like creature, captured her second award last night in the 66th annual Movie Pictures Academy Awards ceremony.

Michael Douglas, who starred in both "Wall Street" and "Feast Attraction," won the award for best actor in a leading role. Douglas' performance in "Wall Street" was widely praised, and many felt he was the ideal choice for the role of the shrewd and manipulative Gordon Gekko.

"Feast Attraction," directed by Woody Allen, was also a major player in this year's Oscars. The film, which tells the story of a group of inebriated New Yorkers, was praised for its witty script and ensemble cast. It was particularly notable for its portrayal of the iconic American city, which was depicted in all its gritty, neon-lit glory.

Other highlights of the evening included the Best Director award going to Steven Spielberg for "Amadeus," a biographical drama about the life of Wolfgang Amadeus Mozart. "Amadeus" was praised for its masterful direction, exquisite sets and costumes, and its powerful performances by Nigel Havers and F. Murray Abraham.

"Ragtime," an epic musical that chronicles the life of a wealthy upper-class family during the turn of the 20th century, also received several nods. The film's themes of class struggle and social change were praised, and its cast, which included Meryl Streep and Danny Aiello, was highly regarded.

The Oscars, which are presented by the Academy of Motion Picture Arts and Sciences, have become a major event in the entertainment industry. The awards ceremony is broadcast live to a global audience, and the winners are celebrated with fanfare and fanfare.
Connors captures tournament title

Ladies fall to Roughriders in final game

Crowder scored a run in the fifth inning on a two-out single by Lisa Rice as the Lady Norse defeated Hutchinson, 11-5. Connors outscored the Lady Norse 14-7.

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Search for linebackers top priority

By David Hopson

Ettel Edwards won the 800 and 200 meter dashes and ran legs on a pair of first place relay teams for the Lady Norse, last Saturday, during a track meet hosted by Pittsburg State University.

Edwards had a winning time of 3:24 seconds in the 800 meter and 49.96 seconds in the 200 meter dash. She also joined Willie Wise, Nicole Brackeen, and Glenda Marshall on the Lady Norse first place 4x400 relay team. Their time was 46.59 seconds.

Wise, Edwards, Brackeen, and Marshall teamed up for a time of 3:58.4 in the 4x400 relay.

Marshalson was 400th in the mile in 5:67.24 and Wise captured the long jump with a leap of 5.07 meters (16.61).

In men’s competition, Larry Chandler won the 400-meter. Julius Wilson tied for first in the 100-meter and Laster Smith won the 400 intermediate hurdles. The Norse also won the 4x400 relay.

Only one starter will return from a defense that allowed only seven points and 122 total yards per game last season. Patterson feels that the linebackers will be the only uncertainty in the fall.

“The linebacking situation is our only question right now,” Patterson said. “We should be pretty strong in the secondary and up front. We are currently in the process of looking at our freshman and evaluating their skills. That’s one of our main goals in the spring.”

Jeff Tidwell (5-10, 210) and Barry Marshall (5-11, 175) are expected to return to their starting roles. Tidwell is a sophomore. Marshall is a junior. Tidwell and Marshall were both named honorable mention All-MAN (Mid-America Athletic Network) last season.

With the departure of Ronny Brown, the Norse will have to find another defensive end. Patterson has high hopes for sophomore safety Kevin Smith (5-11, 198) and junior linebacker Don Maddox (5-10, 240).

Defensive end Bobby Wilson, a junior, may be the only returning starter for Patterson.

Last season, Wilson collected 19 tackles, 23 assists, and three sacks. His season culminated when he was named the defensive most valuable player in the Mid-America Bowl.

“Bobby has really looked good this spring,” Patterson said. “He has a great attitude. We’reexpecting a lot out of him next season.”

Three freshmen are vying for a starting position on the defensive front. Trike Limehouse, sixth, and Jamar Johnson, sixth, are both expected to compete for a starting spot.

The Norse are 7-4 and finished the season as the conference’s runner-up.

Edwards continues assault

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Chandler streaked to a time of 47.01 in the 400-meter, Wilson had a 57.71 in the 400-meter, and Smith clocked in with a 56.13 time.

Reagan Jeffers, Smith’s teammate, also ran an excellent time in the 400-meter.

Those placing for the Lady Norse were:

- Long jump: Edwards, first, 5.57 meters (18.27); Wise, second, 5.57; Brackeen, third, 5.51; Johnson, fourth, 5.49; Wise, fifth, 5.48; Brackeen, sixth, 5.45; Chandler, seventh, 5.40; Edwards, eighth, 5.37; Smith, ninth, 5.32; Marshall, 10th, 5.29; Simpson, 11th, 5.26; Johnson, 12th, 5.23; Marshall, 13th, 5.20.

- High jump: Edwards, third, 1.80 meters (6.10); Johnson, fourth, 1.77 meters (5.82); Edwards, fifth, 1.75 meters (5.74); Wise, sixth, 1.70 meters (5.57); Brackeen, seventh, 1.68 meters (5.51); Johnson, eighth, 1.65 meters (5.41); Wise, ninth, 1.63 meters (5.31); Chandler, 10th, 1.60 meters (5.25); Marshall, 11th, 1.58 meters (5.19); Edwards, 12th, 1.56 meters (5.11); Johnson, 13th, 1.54 meters (5.02); Wise, 14th, 1.52 meters (5.00); Marshall, 15th, 1.50 meters (4.92); Edwards, 16th, 1.48 meters (4.84); Wise, 17th, 1.46 meters (4.76); Marshall, 18th, 1.44 meters (4.69); Edwards, 19th, 1.42 meters (4.70); Johnson, 20th, 1.40 meters (4.65); Wise, 21st, 1.38 meters (4.58); Marshall, 22nd, 1.36 meters (4.45); Edwards, 23rd, 1.34 meters (4.40); Johnson, 24th, 1.32 meters (4.33); Wise, 25th, 1.30 meters (4.27); Marshall, 26th, 1.28 meters (4.22); Edwards, 27th, 1.26 meters (4.17); Johnson, 28th, 1.24 meters (4.07); Wise, 29th, 1.22 meters (4.01); Marshall, 30th, 1.20 meters (3.97); Edwards, 31st, 1.18 meters (3.89); Johnson, 32nd, 1.16 meters (3.83); Wise, 33rd, 1.14 meters (3.80); Marshall, 34th, 1.12 meters (3.77); Edwards, 35th, 1.10 meters (3.66); Johnson, 36th, 1.08 meters (3.58); Wise, 37th, 1.06 meters (3.50); Marshall, 38th, 1.04 meters (3.48); Edwards, 39th, 1.02 meters (3.38); Johnson, 40th, 1.00 meters (3.28); Wise, 41st, 0.98 meters (3.20).
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