Several changes implemented by campus security officials

By Angie Strible
Associate News Editor

The campus security department is working hard to make changes that will make the campus safer and students feel more secure. Lighting has been an issue with students and security as well.

Without sufficient lighting it is hard to see what is happening, for both students and security personnel," said Mike Watson, head of security.

"We will add lighting in the mall area and around the Dobson-Harrell dorms. Trees will be professionally trimmed in the mall area by a height of 10 to 12 feet," Watson said.

"This will allow more lighting to fall on the area."

The security department is also moving from their present location in the basement of the Creative Library/Admissions to the basement of Dobson-Harrell. Security will be open almost 24 hours a day in the new location. "There will be a couple of hours that we might be out, but not more than two or three hours during a 24-hour period," said Watson.

"The college is also implementing some procedures to allow better contact with the department. We will have pagers and radios that allow faster response when there is a problem."

The number for the pagers will be told free and contact with an officer can be made in as little as 30 seconds.

"Students and parents will no longer have to call the police, but police will still respond to 911 calls," Watson said.

Other security measures have been taken including foot patrol by officers around the campus and parking lots.

By next August, all officers will be in full uniform.

"Dr. (Oliver) Jensen interims president is very concerned about safety and security," said Watson. "He is looking at other proposals that have been made concerning safety and security on campus."

Two of the proposals include more lighting between Shiple Hall and the Student Union and telephones placed at each end of the mall area so that a 911 call can be made.

"Security will continue to improve with these measures being put into place," Watson said.

Both judging teams place first

Capture livestock titles

Two livestock judging teams took first place in their perspective competitions at the Tulsa State Fair Intercolligate Livestock Contest held recently.

The two teams capturing top honors in the competition were the NEO Blue Print team made up of sophomore judge and, the NEO Gold novice team comprised solely of freshmen.

Brian Katz, a sophomore from Watonga, was awarded high individual honors. He placed third in cattle, first in hogs and reasons, and second in sheep.

Katz was followed by Brian Lane of Watonga in third. Lane finished seventh in hogs, eighth in sheep and fifth in placers.

Other individual placings included Cari Mounds, Watonga, sixth. Katherine Sprock, Carthage, Mo., ninth.

The freshman team edged out Comanche State College by 2 points to take top team honors for their contest.

Leading the individual points standings were Travis Govey and Ryan Rodgate both of Watonga. Govey was awarded top individual honors after placing first in cattle and hogs, third in placers, and second in reasons.

He edged out teammate Rodgate who placed fifth in cattle, seventh in hogs, second in sheep, and first in reasons, by only four points.

Other individual placings for the novice team included William Lane, Jay, seventh, and Julia Pako, Locust Grove, ninth.

The small margin with which we won the competitions is a reflection of how tough the competition was in this particular contest," said Jeff Bedwell, one of the livestock judging team coaches.

"It's the Tulsa contest we found three of the top five programs in the country," Bedwell said.

By getting this under our belts I think that we are off to a great start on this year's season," NEO will split in team for their next two outings which occur on the same weekend.

One team will travel to the Cow Palace in San Francisco, Calif., Oct. 24, while the other squad will visit Stockyards, Ia., Oct. 26.

Organization opens downtown

The College Democrats have recently opened an office on the first floor of the Robinson Building.

The building is located on the southeast corner of Main Street and 10th Avenue Northwest in downtown Tulsa.

"The office will be open two days a week and five each weekend, and will remain open until eight on Thursday evenings," said Jody Mihon a Sophomore from Tulsa and president of the organization.

This office main objective is to offer a rallying point of campaign material to the public.

The club has been active in state and local primaries, and will continue in efforts through the general election.

According to Mihon, the club's major goals this year are the election of Bill Clinton and Al Gore in November.

"The club has about 50 members and will be campaigning for Clinton. Steve Lewis, Mike Synar, Cody Graves, Rick Littlefield, and other candidates by distributing literature and installing yard signs," said Jeff Bedwell, club sponsor.

VOTER REGISTRATION

Two members of the Ottawa County Election board will at registration table in front of the entrance to the cafeteria during a two-hour sign-up period on Monday. More than 30 students are expected to register at their local election board to participate in the general election.
Bush ticket remains conservative

The Republican National Convention nominated George Bush to run for President and Dan Quayle to run for vice-president. Bush proclaimed himself the education president, saying that he wanted to make U.S. students number one in math and science. He supports national student testing as well as grants for schools in try new approaches. Bush formalizes giving parents vouchers to pay for sending their children to public, private, or religious schools.

Another positive role Bush wants to play in education is helping college students. He proposes increasing govern-- ment grants to college students and allowing them to deduct interest on their loans. Bush promises that, if reelected, he will give the same priority to the economy as he did to foreign affairs in his first term.

He insists that putting people back to work must go hand in hand with lowering the deficit. He claims the free-trade agreement he signed with Canada and Mexico in August will stimulate trade and increase jobs. He favors a freeze on social spending, and the passage of a constitutional amendment requiring a balanced budget.

Bush argues that the nation's health care system must be reformed because too many Americans have too little health insurance and the costs of care are higher than some people can afford.

He opposes national health insurance plans that call for a market-based system that would allow vouchers and tax incentives for low-income families.

Bush believes these incentives would allow people to buy their own health insurance instead of creating a large health insurance bureaucracy.

When it comes to foreign policy Bush often points to the Persian Gulf victory. He often takes credit for ending the Cold War between the U.S. and the former Soviet Union.

He says that voters should trust him to handle complex diplomatic issues. He also says the United States should stay involved internationally and resist isolationism.

He proposes a $50 billion cut in defense spending over six years, and claims that deeper cuts would threaten the nation's security.

Bush also claims to be the environmental president and says he is fighting for a balance between environmental needs and the health of the economy.

He argues that the warm global warming, such as regulating emissions of carbon monoxide in cars, will harm U.S. industry.

Bush supports drilling for oil in the Artic National Wildlife Refuge in Alaska to lessen American dependence on foreign oil, and he supports the use of nuclear power.

He opposes restrictions on cutting timber on federal lands and says legislation to protect endangered species takes away too many jobs.

To meet the urban crises Bush proposes tax breaks for businesses that invest in the inner city. He says welfare recipients should be allowed to work to receive job training in return for benefits.

He claims that his increased drug-war funding, $2 billion, has cut drug use. Bush supports capital punishment and backs an expanded use for federal crime.

Bush favors a constitutional amendment to overturn the landmark case Roe v. Wade, which established abortion as a constitutional right. The amendment would allow states to ban or limit abortion.

Bush signed a "gay" rule that prevents federal health workers from helping patients that abortion is an option.

The above plans and positions are just a few and in the end it is the voters responsibility to find out where the candidates stand.

Whichever is elected on Nov. 3, 1992 has a tough job ahead of them. With the sluggish economy and many other problems we need some one who is cut out for the task at hand.

Letter expresses thanks from Red Cross director

Dear Editor:

We would like to thank the facility, support personnel and students of NEU for their support at the bloodmobile held recently.

Your participation gives you another chance. Your support is greatly appreciated.

Anne Sorensen
Executive Director,
Red Cross Wind

Norse Wind

Opinions expressed in the Norse Wind are not necessarily those of the NEU student body, faculty, or administration. All letters to the editor must be typed.  All submitted letters must be signed. The staff reserves the right to edit all copy for length and clarity.

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Incident leads to explosion

The reason given to Underwood was for going from the shower to his room, which is one door down from the bathroom in a tower. Yes, a TOWER. Now it's 4 a.m. I doubt that anyone would agree to seeing someone in a tower.

Yet, we live in college dorms. There is another excuse—quote Brian—"It's not like I was staking! Other guys do it all the time, and they're not thrown down the hall!"

The floor door leaves the dorm rooms open, and she looks out the hallways every time. It was nine o'clock in the morning, in a men's dorm.

Teen drug use shows increase according to Parents' survey

According to a study released Monday drug use is on the rise again among junior high and high school students in the United States. The statistics reverse a three-year downward trend. The study of 221,802 students in 34 states shows drug use by students in grades six through eight increased during the 1991-92 school year in all 10 categories surveyed: cigarettes, beer, wine, marijuana, hallucinogens, inhalants, cocaine, upper, downers, hallucinogens and marijuana.

High school students are using more of all substances surveyed except marijuana, cocaine and wine which showed declines from the previous year.

The annual survey was conducted by PRIDE (Parental Resources Institute for Drug Education). The survey found less public interest in drug abuse.

During 1989-90 the percent of the population in the United States who used drugs was the nation's number one problem. Those responding to the survey included only two percent citing drug use as a national problem. The biggest increases in drug use in high school was inhalants, up 10 percent; hallucinogens, up 8 percent; and marijuana, up 7 percent.

The largest increases in junior high were in inhalants, up 21 percent; and upper, up 23 percent.

Drug use among black students is increasing at a rate of two through 12. Previous surveys showed black students less likely to use marijuana and drugs than whites. 

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Students participate in shelter workshop

The Baptist Student Union will be going to Forest Park Baptist Church Shelter in Kansas City, Mo., over fall break. This is the BSU’s fifth annual trip to the shelter. Forest Park is a shelter for homeless women and children. “We will be doing some painting, doing some cooking, preparing meals and doing some laundry,” said Bobby Gwinn, director of the BSU. The students will also be doing services Wednesday night at New Raven Baptist Church.

Essay entries due

The Daughters of 1822 is sponsoring an essay contest entitled “The Bill of Rights Revisited.”

The Daughters of 1822 is a group of women descendants of those who served our nation during the years of 1784-1883. They promote patriotism and increase knowledge of American history. Students interested in entering the contest must follow these rules:

1. The essay should be no longer than 500 words and should be typed on standard paper.
2. The essay must be submitted before Nov. 20. All essays must be turned into Mary Largent at the Learning Resource Center.
3. An essay will be graded by a panel of judges selected by the Daughters of 1822.
4. The decision of the judges is final. One winner will be selected from the best essays. Awards will be distributed December 11 with first place receiving $100 and second place receiving $50.

Several factors contribute to combating serious stress

The complexity of modern life has led to an increase in stress. Some factors that contribute to this problem include deadlines, work stress, and personal relationships. These factors can cause a lot of stress, which can lead to physical and mental health problems. It is important to find ways to cope with stress, such as practicing mindfulness, exercise, and seeking support from friends and family.

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Editor’s note: The following article is a reprint from the Harveys Vitality magazine.

Every day of our lives we face events that cause us stress. Although most of these events are minor in the grand scheme of things, there are situations that clearly can be considered major sources of stress such as an impending marriage or divorce, or being ill at home or work.

In combating serious stress, one should first carefully appraise the seriousness of the situation and the adequacy of one’s coping resources,” said Kenneth B. Matheny, Ph.D., AABP.

Dr. Matheny is director of counseling psychology at Kansas State University in Manhattan and author of “Stress and Strategies for Lifestyle Management.”

When you are faced with a highly stressful event in your life, the following strategies will help you cope:

1. Avoid unwanted changes to your life at this time. Instead, resolve what energy you do have for dealing with the stress at hand.

2. If possible, stabilize your work and home environment, while working out the primary problem. If you are under personal or home stress, the mind makes things appear worse than they are by creating endless versions of impending disaster.

3. Because the body can’t tell the difference between fear and anxiety, it responds with heightened physical symptoms. You can relieve your mind and your body by keeping your mind in the present, which is achieved as stress is an imaginary future or a catastrophic past.

4. To keep your mind in the present, center your attention on your breathing, a word in visual pattern, a repetitive movement or meditation.

5. Gradually and aggressively face the stress. Resist temptation to ignore the stress.

6. Instead, carefully appraise the seriousness of the problem without exaggerating it out of proportion.

7. Ask yourself, “What is the worst thing that is realistically going to happen?” Then, put yourself in all of the good things that will still be a part of your life even if the worst occurs.

8. In addition, confirm your vision of the stress by talking with others.

9. Make your sudden change to family, friends, or coworkers who have dealt with similar experiences.

10. Take control of your own coping responses. Confide in a valuable ally in combating stress and build on resources of past successes.

11. Review successes you’ve had with other stressful life situations.

12. Recall some of the specific things you did to cope.

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Football squad visits Tennessee

By Chris Frank
Sports Editor
After a week away from football, the Golden Norsemen are ready to close out the road portion of their schedule by traveling to Knoxville, Tenn., Friday to face the University of Tennessee junior varsity. Kickoff for the game will be at noon (EDT) and 11 a.m. Miami time.

"They will produce a team that will represent the University of Tennessee very well," said head coach Mike Loyd. Loyd said the last time that the two teams met, the Golden Norsemen were defeated by the University of Tennessee in 1970 during the 1970 season.

The game is used primarily as a recruiting tool by the Tennessee coaching staff.

The game will be the second against a junior varsity for the Golden Norse. NNO hosted the Georgia JV 4-5 this week at home.

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GOLDEN NORSE COACHES
Members of the 1992 Golden Norse football coaching staff are, kneeling, from left: Wade Weller, offensive backs; Rick Simpson, offensive line; Mike Loyd, head coach, and Jeff Groene, defensive line. Standing are, Bob Davies, defensive ends; Brad King, defensive tackles, and Travis Hill, defensive coordinator and secondary coach. Not pictured is Dale Patterson, assistant head coach and linebackers.

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