Senior Day activities Thursday
Approximately 500 area high-school seniors will be on campus Thursday, Feb. 4 for annual Senior Day activities.

SUPREME NOT!
Freshmen DeAnn Carter, from Tulsa, DeAndrea White, from Oklahoma City, and Frankie Jackson, from Muskogee, perform a number of "Supreme Not!" in the Fine Arts Auditorium Thursday. The opening was designed to draw attention to the events of February throughout the week.

Surgical technical program receives AMA accreditation
The surgical technology program recently received recognition from the American Medical Association. The program has been evaluated and accredited by the AMOA, a national organization for surgical technologists. The program is housed in the Fine Arts Auditorium and has been accredited by the AMOA for the past two years.

GIFT OF LIFE
Shelby Pinkston, a sophomore, donates blood during the annual blood drive at the Bruce G. Carter Student Union Building.

State
The Oklahoma State University Center for the Advancement of Science and Technology should be the location for the new State University Medical Research Center, according to the state legislature. A $1.2 million grant was approved by the legislature for the project, which would be the first of its kind in the state.

National
President Bill Clinton and congressional leaders called for an increased emphasis on health care during their first White House strategy session.

World
The second-annual effort to stop the spread of measles in Somalia has been successful, according to United Nations officials. The campaign, which was launched in March, has been credited with reducing the number of measles cases in the country by 90%.

NEWS BRIEFS
Campus
Everyone is invited to attend the NSEA Appreciation Service, Wednesday, Jan. 31, starting at 9:30 a.m. at the Fine Arts Auditorium.

Local
Two Miami men were arrested by Miami police after they were caught urinating in a downtown area.

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Newspaper staff seeks local letters

With American troops being deployed in both Somalia and the Persian Gulf, we, the members of the Nurse Wind newspaper staff would like to encourage you to write to our servicemen.

Many of them are national for from home and their loved ones. It is important that they receive a few words of encouragement from people who believe in them back in the United States.

Student Body Government representative Scott Black notified us that his son, Patrick Black, would like to receive some letters from back home.

Anyone interested in corresponding with Patrick can write to him at the following address:

Patrick Black
A TRP 3-37 Cav.

We hope to be providing you with other names and addresses of military personnel that are friends and family of NNO students.

If you have any information please drop it by the Nurse Wind office located on the second floor of Shipleay Hall.

Clintoon retracts promises
Seems indecisive in first week

Broken political promises are common.

President Bill Clinton promised during his campaign not to raise taxes on America's middle class. But before he was even inaugurated, he told Americans that there was no way to avoid raising taxes.

It seems ironic that President Clinton practically won the election because he brought to our attention the wrongs of former President George Bush. NO NEW TAXES!

Maybe he was inaugurating parties which cost an estimated $38 million was a sign of things to come. Maybe we will all be financially unable to raise our money like that.

It's amazing to think how the money could have been spent in better ways. We could have applied it to the national debt. Or to help the homeless that were not out of their Washington, D.C. street homes while the festivities were going on.

Our newly elected president promised that his cabinet would be made up of a more representative group of Americans. We have seen more women and minorities take their places in the Clinton cabinet, but we have not seen anyone that is middle class be put into the cabinet.

I hope that Zoe Baird is an example of what is to come in the Clinton administration. President Clinton had to choose but accept her withdrawal from nomination for Attorney General.

He would have had a hard time explaining why he nominated an Attorney General who obviously believes that she is above the law.

And this is at an isolated incident, there are people all over the country that think they are above the law. There was even a recent movie about it.

Zoe Baird is an example of what the American government does not need. When an attorney breaks the law, knowing that what she is doing is wrong, and does not get punished for it, it sends a message to every American.

It also sends a message to illegal aliens who will work cheaper than Americans.

President Clinton has some tough decisions to make in the coming weeks and months. The business world is still reeling from the down turn in Sears store sales, discontinue catalog sales and begin lay-offs.

Increased taxes will only make people hold on to their money tighter. The less we spend, the worse the economic situation gets.

We were promised that domestic issues would receive more attention that foreign relations. But President Clinton omitted two situations that have major worldwide political implications. Operation Restore, the relief effort to help the suffering people of Somalia, has already cost the lives of two United States soldiers and we don't even know where our Marines will come home.

And there is the problem with Iraqi President Saddam Hussein. President Clinton doesn't appear ready to concede to him.

Maybe we were wrong to criticize President Bush's efforts, but now it is time to offer our prayers to President Clinton.

Angela Stowell

Norse Wind

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News Editor

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Photograph Editor

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Opinions expressed in the Norse Wind are not necessarily those of the NNO student body, or administration. All letters to the editor are those of the individual writer. All submitted letters must be signed. The staff reserves the right to edit all copy to conform grammatically.

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SURE IT'S A UNIQUE IDEA......

But somehow I don't think that little mouse can produce enough wattage for 43 electrical appliances at once!

PARKING PROBLEMS

need cooperation
to reach solution

The scenario is familiar. It is 7:35 a.m. Monday and class is about to start. You can't find a parking place anywhere except the back lot. And by the time you walk to Shipleay Hall, you know you will be late. This could be avoided by getting to school at 7:30 a.m., but everyone has that option.

Some people have to drive long distances, sometimes on dangerous roads just to get here. Others may have to depend on someone else for transportation, or have children that can't be left at school before 8 a.m.

Parking permits issued by the college for commuter students cost $18 per year. And by the time you park away from the buildings where most of your classes are located, Students have complained about the parking situation at NNO for years.

The administration has made some changes, but the changes that were made were confusing and some promised changes never came about.

One of the changes initiated by the 1991-92 Student Body Government which has not been achieved thus far was the creation of different colored parking spaces.

The campus parking problems stem from the fact that when most of the buildings were constructed, the majority of students did not own cars. Compounding the problem has been the growth that NNO has experienced over the years which was not expected by college and community leaders.

The problem is obvious to students, but according to the college handbook, parking facilities at NNO are adequate.

When it is cold or raining, who wants to have to juggle books, umbrellas, and whatever else you may have to bring to classes from one end of campus to the other.

Then there is the problem inadequate parking creates for band students who must bring instruments. If I were a band student with an instrument worth hundreds of dollars, I would not drop it off at the door and leave it while I searched for a parking place.

If I were an automotive student, I would not leave expensive tools sitting in the car while I parked elsewhere. And just because thoroughness has handles, I don't think you will carry it that three blocks to the back parking lot.

There is no easy solution to the problem, especially with state budget cuts affecting the colleges. The time when something could have been easily done about the problem has long passed.

Our current college administration is stuck with a problem that they did not create. However, they should not bury their heads in the sand and pretend that it doesn't exist.

For the present, students should be aware of where they are and are not allowed to park, so that they don't have to pay traffic fines and other consequences.
The Learning Center moves across campus

One of the many physical changes which took place during the long semester break was the relocation of The Learning Center. "If students are looking for the computer lab and the tutors that were in Atlas Hall last semester, they had better head for the Library/Admistration building," said Kathy Moore, TLC facilitator.

The Learning Center has moved to room 211 of the Library/Administration building where the office of Housing used to be. "Student Services are still in the 211 complex, but they have graciously accepted The Learning Center into their area," Moore said.

"We have more room here than we did in Atlas Hall. The lab itself has about twice as much floor space and we now have a completely separate area for the Faculty Development Workshops," said Moore.

HOURS: The Learning Center is open seven days a week, 24 hours a day, for peer tutoring in a variety of subjects.

"We hope to have it completed and the tutors started working by the first of next month," Moore said.

Tours will be available in the evenings from 6 o'clock until 9 o'clock. "We also have a few tutors in the lab during the day at various times," Blewett said.

A complete listing of tutors and hours will be posted on bulletin boards and in classrooms as soon as the schedule is complete.

The Learning Center also provides a workroom for the faculty to use to develop classroom presentations. "We have tried to provide a good area for the faculty to come and work on presentations," Moore said.

"The computer with the color printer and the full-page color scanner is set up in an adjacent office area and I will be happy to assist any faculty member with the computer equipment."

Now is the time to stick with New Years resolves

If you’re like most Americans, you’ve made a few New Year’s resolutions this month. If you follow the pattern, you’ll abandon them within six weeks. Fortunately, there are steps you can take to increase your chances of holding to your resolve.

These suggestions are designed to help you stick to your good intentions.

Create an environment that supports change. Include your family in your efforts to improve.

Avoid close friends that you’re trying to make positive changes, so they can offer encouragement and support.

Avoid people who reinforce the habits you’re trying to break. If you’re trying to stop smokig, don’t hang around with cigar smokers.

If you’re trying to reduce stress, don’t socialize with pessimistic, cross-oriented people.

Set goals that are realistic, achievable, and measurable. By doing so, you ensure success, not failure.

If you need to break down your major goal into smaller ones—then build on your successes.

Make only one or two major changes at a time. Don’t try making too many adjustments, you’ll overload your stress and fail. If you make several important resolutions, focus on one at a time.

Choose inspirational role models—people you know who have accomplished goals similar to yours, for example. Choosing a model or star athletes as role models can be counterproductive.

Consider starting a stress-reduction program. If you can release your stress, you may feel easier to make other positive changes.

The program could be as simple as identifying the things that make you happy, perhaps gardening, playing with pets and cooking meals, and finding time to do them regularly.

Analyze the forces behind your habits and target them in your plan for achieving a goal. If you can determine the motivating factors, you can work on them, stress, etc., and behind the habit, you can devise ways to beat it.

Think of goals in positive terms. Instead of trying to stop eating, decide to adopt a more healthy lifestyle.

Focus on what you can change, not what you can’t. Focus on what you can eat whole fruits, not on what you shouldn’t eat high fat ice creams.

"Now is the time to be happy. Begin by making ‘feeling happy’ the number one thing on your daily to-do list.

A positive mental attitude will bolster your commitment to accomplishing your goals.

Don’t give up after a setback. East of you want to take two steps backward for each step forward, they are all steps to success.

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Recordkeeping vital for taxes

By Marti Jones

Good tax records can save you time and money when filling out your tax return. You must have receipts and records that support the income, deductions, and credits claimed on your return. If your records are in order, you can save hours of looking for W-2 forms or lost receipts and cancelled checks. These records will help you get a refund that is complete and correct.

Also, you can save money when you have records of expenses that may be tax deductible:

- Keep copies of your tax returns. They can help you prepare future returns if you need to file an amended return.
- Save all statements showing income you received. This includes Forms W-2 and W-2P, showing wages and pension payments, and Forms 1099 INT and 1099 DIV, showing income from interest and dividends.
- Keep track of income from work in which you were not an employee, for instance if you had odd jobs or temporary work.
- Keep careful records of payroll deductions to care for your children or dependents, including work or school expenses. Cancelled checks or receipts for cash payments are usually a proof.

WHAT A DIFFERENCE A DAY MAKES!

Students struggle their way through a two-inch snowfall that blanketed the campus last week. Weather forecasts have predicted clear skies and temperatures in the 70's this week. One can only speculate what the weather will be like.

Photo by Abe Friddle

Administators sound alarm

Concerning sexual diseases

By Marti Jones

Every year across the nation, students at colleges and universities are trying to inform the students that sexually transmitted diseases (STDs) are very much present on campus.

This does not mean that every student who attends on campus or off will be sexually active during his/her college years. But a healthy sense of safety is a good way to look at it.

A Nurse Practitioner at a midwest college health center related a few situations:

1. A young woman with a pelvic infection was sent home because the student did not have proper care from the school.

2. A woman who was hospitalized came to the health center. Even with IV antibiotics, there is no guarantee that her fallopian tubes are not already irrevocably damaged. Her greatest fear is that her parents will find out.

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Ladies earn two conference wins

By Jeremy Pendleton
Sports Editor

An awesome defense and well balanced scoring led the Lady Norse to a 85-70 win over Eastern Oklahoma College Monday night at the Melvin Self Fieldhouse in Wilburton.

Grabbing yet another victory the Lady Norse improved to a 2-0 record in the Eastern Division of the State Conference and 18-0 overall.

Coach Randy Gipson's Lady Norse return to the road Monday after hosting Conners State College last night. The Lady Norse face league foes Western Community College at 6 p.m. Monday in Fort Smith. Ask before traveling to Fort Smith for a 6 p.m. conference game with Carl Albert.

Lady Norse No-Eastern 87

"I was delighted that we came down to Wilburton and played the way we did," said Gipson.

"We attribute our kids that we are able to come in here and dominate a team of this caliber." Eastern jumped early in the game to grab a 6-0 lead on three point goals by Shannon Epps and Jennifer Brown as well as four points by Ricky Sh взгляд.

Two baskets by Atricia Lewis and a layup by Latasha Burnam moved the Lady Norse a 12-0 lead with 15:28 left until halftime.

Consecutive goals scored off a steal by Burnam, Lewis, and Kadonita Bush jumped the Lady Norse lead to 20-6 margin with 10:37 before intermission.

Leading the ball game 25-23, the Lady Norse took off on 14 straight points to 40-23 cushion with 2:37 unaided. Three points by Burnam along with baskets made by Tanya McCamp, Norelia Willis, and Lewis fueled the dramatic second-half.

Three free throws by Shivated trimmed the deficit for the Lady Mountaineers to 43-27 margin at the halftime.

"Our objective going into the game was to take control of the tempo and to hold our own in the second half. We were able to do that from the outset and maintain it throughout," said Gipson.

During the first ten minutes of the second half, the Lady Norse maintained a 59-48 margin. Veteran guard Eddie Pearson scored eight points to ignite the NEO lead.

Three points each by Lewis, Pearson, and Burnam along with a basket by Bush lifted the Lady Norse to a 73-46 cushion with 7:39 showing on the clock.

Pearson added nine points down the stretch to preserve the Lady Norse margin.

"I was glad to see Eddie step up and have a big offensive game. Not only was she able to score 18 points, but she also involved a lot of people in our offense," said Gipson.

Burnam led all scorers with 28 points total while grabbing 15 rebounds. Along with Pearson's 16 points, the Lady Norse received 17 points from Lewis.

NEO connected on 32 of 62 for a 52 percent average from the two-point range and 2 of 8 for 25 percent from the three-point range.

Shivated was 6-11 from the floor while Pearson held Lady Mountaineers to 26 total points. Brown contributed 10 points.

The Lady Mountaineers hit 17 of 33 percent from the two-point range and 2 of 21 from the three-point range.

The Lady Norse held onto a decisive 52-27 edge in the Nords.

Lady Norse 83-Mountaineer 52

After returning home from a 83-52 victory in Muskogee last Thursday night over Bancro College, the Lady Norse improved their overall record to 11-1 on the season.

"Our kids came into this game with a very serious attitude. They understand that we are in a conference play right now and they want to be ready to play," said Gipson.

"When you compete on the side of the State East you have to take one game at a time and they are always gonna win the road," said Gipson.

Against the Mountaineers, the Lady Norse opened up a 20-10 lead in the first eight minutes. Burnam came in to score eight points and Pearson drained four points to ignite the Lady Norse.

Kerrie Higginbotham raised the score to 36-20 with four straight points, with 9:08 before halftime.

Burnam exploded for six points and Bush added four points constructing a 14-25 lead at the half.

"We are finally able to move our perimeter game on offense. We had three players score double figures from outside," said Gipson.

During the final eight minutes of the second half, the Lady Norse outscored Mountaineer 24-10 in a 58-38 cushion.

Burnam scored 10 points during the explosion and Kehl White added four points. Willis hit three-point field goal and Bush added a three-pointer as the Lady Norse pulled away down the stretch.

Burnam led all scorers with 23 points. Bush contributed 15, and both Pearson and Willis added 11 points each for the Lady Norse.

Shelley Querry led the Warriors with 8 points while Trista Burns added 10 points.

The Lady Norse hit 8 of 10 from the three point range while connecting on 30 of 62 from the 2-point area for 49 percent from the field. NEO hit 5 of 7 for 71 percent from the free throw line.

Bacon scored 17 of 60 including 6 of 23 from the 3-point range for 26 percent from the field while hitting 12 of 18 for 67 percent from the line.

Burns grabbed 15 rebounds as the Lady Norse dominated the boards by a 48-22 margin. Sandy Scruggs grabbed 17 rebounds for the Lady Warriors.

"This was a very good team effort because we get balance play from both our outside and our inside game," said Gipson.

"We've got to continue to come out and establish the tempo of the game," Gipson said.

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STRONG DEFENSE

Guarding against an inlet pass from Crowley forward Mike Davis is freshman center Latasha Byars (5). Since returning from the Christmas holidays, Byron's equaled and broke the Lady Norse single game scoring record. Burns, 5-10 from Millington, Texas scored 37 points against Tulsas. Tennessee Tech is the school record set by Cathy Snipes in 1985. The following game with North Arkansas, Burns scored a school record 43 points. She is averaging 23.5 points and 9.2 rebounds per game as the lone freshman starter for the Lady Norse.

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Cagers reel off two straight league wins

By Chris Frank

Newest hero

"Our kids came out and played hard from the opening tipoff," said Golden Norse head coach Lonnie Spencer after the team's victory Monday night over Eastern in Wilborn.

The win improved the Golden Norse record to 19-6 for the season and 12-4 in the Bi-State East Conference. The loss dropped the Mountaineers to 14-11 in the conference and 12-8 overall.

NEO will travel to Port Smith, Ark. Monday for an 8 p.m. Bi-State East game with Northeast.

The Golden Norse will visit Point Pleasant Thursday at 8 p.m. conference showdown with Carl Albert Community College.

Golden Norse 78, Eastern 72

"This really was a pretty sloppy game. But I think some of the things Eastern did contributed to the way the game was played. Both teams played very hard," Spencer said.

The Norse jumped out to a quick 13-7 lead in the first five minutes behind two straight 3-pointers by sophomore forward Jay Mahan.

Mahan continued his torrid shooting by adding another 3-pointer and a regular field goal to give the Norse an 18-12 lead midway through the first quarter.

Eastern came back behind six straight points by Thomas Preer to cut the Norse lead to 19-18 at the half.

The Norse maintained a 38-35 lead up to the half.

Mahan scored 15 points during the first half while several players, including former Wynnewood player Aaron Bond, contributed four points each.

"Our kids went in at halftime and got refreshed. They realized that if they continued to Eastern standards, they could get back in the game. They came out and played extremely well in the second half," said Spencer.

Six points by Kelvin White and four points by Ray Prendergast lifted the Norsemen to a 49-39 margin with 13:33 left in the game.

Two free shots by Kelvin White and basket by Ray Prendergast and David Williams increased the Golden Norse lead to 54-43 with 12:50 remaining.

Over the next 10 minutes, the Golden Norse maintained an 18-point lead at 66-48 with 6:30 left.

Eric Edwards scored two free shots during the stretch.

Shane Williams came from the free-throw line to preserve the victory.

Mahan led the Norsemen with 19 total points, while Shane Williams scored 13. White added 11 points.

Preer led the Mountaineers with 22 total points, followed by Kelvin White with 17.

Shane Williams scored 14 points to lead the Norsemen followed by Prendergast (13), Lewis (12), David Williams (12) and Kelvin White with 10 points.

Ralph Lewis led the Norsemen with 16 total points while Woodford scored 15 and Coleman added 10 points.

"We're at a point in the season where everyone we take the court, we've got to be ready to play," said Spencer.

The Golden Norse have four crucial Bi-State East Conference games remaining on the schedule.

The Norse will host Bakers on Feb. 28 and Eastern on Feb. 22.

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