NEWS BRIEFS

Campus

Students are encouraged to participate in the fourth of special promotions for the Northeastern A&M basketball programs.

The Lady Norse and the Golden Norse will travel to West Fork Community College next Thursday night. Students in the audience are encouraged to wear boxes or other colorful hats for Jan Nin.

Special prizes will be awarded to the best dressed.

Local

Jeffrey Griffith, president of Milwaukee State University, announced a plan to save a financially troubled elementaries in the community of Langston.

A week ago the state Board of Education said the school was short next year because it was running up a deficit that could reach $700,000. Griffith said that he would announce his plan in more detail later this spring.

State

The State Regents for Higher Education approved a plan last Friday that would change how universities and colleges operate.

The regents have already submitted the plan to the Oklahoma Legislature for approval. Included within the plan is a proposal to take control of Northeastern A&M College out from under the Board of Regents for OSU and A&M Colleges and create a separate local board.

The plan is one of five colleges and universities under the supervision of the Board of Regents for OSU and the A&M Colleges.

Northeastern Oklahoma A&M College and the A&M Colleges.

A constitutional board can provide advantages to state wide issues and leadership that a local board cannot provide, according to Dr. Carroll.

“We have students here from 66 of the 77 counties in Oklahoma. Students attend from the surrounding states of Arkansas, Missouri, and Kansas. With a state board the college would have better representation,” Dr. Carroll said.

Financially, Dr. Carroll feels this would not be a good move for the college.

“It would cost the state 40000 dollars to install this new local board,” said Dr. Carroll.

Under the current situation there are several advantages that a local board cannot provide by working within the framework of the OSU Board. The board is not legal advice and it does not provide funding for the department.

“My main concern is what is best for the institution. I feel the local board would not enhance this college,” Dr. Carroll said.

“I see this as another device to pull us away from our mission, which is teaching,” said Dr. Carroll.

Not only does the proposal call for the removal of NEO from the OSU Board, but the main campus would become an independent campus of Northeastern Oklahoma State University.

“Personally, I think it’s a slap at me,” said longtime Comanche State president Dr. Carl Westbrook.

“We have nothing in common with Northeastern State except for the fact that we both offer extension courses in Muskogee. If we’re going to be a branch of anything, it ought to be Northeastern State,” Dr. Westbrook said.

Ed Kelker, chairman of the OSU Board said the governance questions have caused some distractions from a mission that is ongoing.
Afro-American Month

Editor's Note: The following is the first in a series of three articles identifying the history of the Afro-American movement to America.

The New World: the first Afro-American in the Western Hemisphere has been traced back to the Santa Maria, with Columbus's crewman, Pedro Alonso Niño, being identified by historians as a black sailor.

The: The first group of African-Americans to come to what is now the United States were brought by a Spanish explorer to South Carolina to erect a settlement. They soon died of disease and settled with the native Americans in the area.

New Mexico: A black explorer led an expedition from Mexico into the territory of the American southwest, discovering what is now Arizona and New Mexico.

1632: Hispaniola; Britain claims slavery when John Hawkins sells a large cargo of slaves to Spanish planters.

1639: The enactment of the first colonial law against slavery in the Western Hemisphere.

1736: The plantation system begins in the Americas, with African slaves brought to work the land.

1780: The end of slavery in the United States.

1860-1900: The end of slavery in the United States.

Keeping records becomes more important as an adult.

Love flourishes for Valentines

St. Valentine's Day races in customs back to the Roman Lupercalia, a feast celebrated in February in honor of the goddess Juno Februa. The names of young women were put into a box, youths then drew the names and boys and girls so matched would be considered partners for the year, which began in March.

Another kind of Valentine was considered to be the young man or woman that chance draws your way on St. Valentine's Day. The English attitude in the middle eighteenth century is that a man may give gifts to the woman to snare that she saw no other man before him.

Today St. Valentine's Day has changed. It is commercialized so much that one may wonder why we even bother. One reason that we continue to celebrate St. Valentine's day is because we feel better if we make someone else happy. It also serves to compensate for our shortcomings, or so we think.

Prior to the eighteenth century, original valentine cards of a certain homespun simplicity and simplicity had been exchanged among some of the colonists. But after 1723 the custom really began to grow with the import from England of valentine "writers." These writers were bowling containing verses. One popular writer contained not only "be my valentine" type verses for men to send, but also acceptances for women to return.

However, it has come a long way. Maybe it is good that we have commercialized it. At least we don't have to worry about all of the valentines looking the same.

Angelia Strick

Norse Wind

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B.S.M. 1643

In Gustavia, Virginia, a planned uprising involving many Afro-American slaves and indentured white servants was betrayed by a house servant.

1688: The first formal protest against slavery in the Western Hemisphere occurs when Montesquieu, a Catholic priest, signs an anti-slavery resolution in Caracas, Venezuela.

Next week: The time period covering the Afro-American movement from 1804 to 1900.

U.S. MAIL

Is the Check in the Mail Yet?

It takes approximately eight weeks to process your federal tax return. Generally, returns filed in January and February take less time than those filed in April. The chart below gives an approximation of when to expect your refund (for returns not electronically filed).

Mailed Return

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U.S. MAIL
Rodeo career and education ain’t no bull
Freshman handles diverse life

By Richelle Brown
People Editor

Facing one of the most difficult challenges in life, 18-year-old Shannon, a Tulsa freshman, almost never has a dull moment. Aside from managing her school management and taking care of her three-year-old brother, she is a full-time rodeo scholarship at NEDA.

"I ride bulls in rodeos for money and for the love of the sport," said Shannon.

"I defend riding bulls since birth, age of 12 and was inspired by my cousin, Erwin Williams. He is one of the best bull riders in the world," said Shannon.

"In 1992 alone, I won a total of $5,000.00."

Shannon's weight is more than tripped by the bulls that ride. In fact, at 5 feet 10 inches, Shannon rides bulls ranging from 1,300 pounds to 1,400 pounds in one run.

"I've been blessed throughout my career as far as injuries go. I've had a broken leg, a ripped off nose, a broken collar bone, and a few stitches elsewhere, but that goes with the territory," said Shannon.

Along with his numerous injuries, Shannon has been stopped by bulls about 15 times, once receiving a broken ankle.

"Although he has had all of these accidents, he doesn't have a bad back."

Practicing with the school team is also time consuming for Shannon. He says that rodeos can't get in the way of his studies as they don't last long.

"I practice twice a week with the NEDA rodeo team," said Shannon.

"We have one of the greatest coaches I've ever seen running the rodeos team, and we have the greatest team in the country."

With all of the coaching and support the team members provide each other, NEDA has managed to have three national champions and a member named National in the top 15 positions at the national high school finals.

"I've been wanting mental mistakes lately that have thrown me from the bull. I need to start focusing and doing more," said Shannon.

It takes a lot of mental support for Shannon to do his best, and he knows that he has all the encouragement he needs right here.

Following graduation from NEDA, Shannon expects to continue his rodeo career at a four-year institution.

"Getting a four-year degree is very important to me," said Shannon.

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Observance set for art of love on Valentines

By Richelle Brown
People Writer

The story of what has become the year’s most romantic day, Sunday, Feb. 14, begins in a decidedly unromantic way, with the early martyrs mention at least two names named Valentine associated with Feb. 14.

One of them is described as a priest of Rome and another as bishop of Interamna, now Terni. Both men suffered martyrdom in the second half of the third century and were buried in the Flaminian Way. (What was known to the ancient Romans as the Flaminian Gate was later called the Gate of St. Valentine.)

Both of the men were also known as St. Valentine of the cardinal neighborhood dedicated to one of the St. Valentines. It is now known as the Porta del Popolo, or Gate of the People.)

Little is known of either of the most commonly mentioned Valentines. (Claims are to the number who existed run as high as seven to eight.) The few known facts of their lives are so uncertain and undocumented traditions, that it is impossible to separate fact from legend.

The theories about how the name of Valentine came to be connected with the day on which lovers send tokens in one another also are varied. One is based on the belief throughout rural Europe during the Middle Ages that the birds began to mate on Feb. 14. Chaucer, in his Parliament of Fowls, refers to the belief in this way.

"For this was Senteen Valentine's day.

When every swain cometh ther to choose his mate.

English literature, following Chaucer, contains frequent references to Feb. 14 as sacred to lovers. Shakespeare, Dymond, and Gay are among those who mention this connection, and the diarist Samuel Pepys several times discusses the day and its related customs. The Pastor Letters, covering the period from 1422 to 1596, contain a letter by Dame Elizabeth Brown to John Pasyn, with whom she hoped to arrange a match for her daughter, which was this way.

And exist onee, upon Monday, is St. Valentine's day and every swain cometh ther to choose herself a mate, and if it like you to come on Thursday night and make provision that you may abide till then, I trust God that ye shall speak to my husband and I shall pray that we may bring the matter to a conclusion.

The affair must have been managed to her satisfaction, for among the letters is one addressed by the young woman herself: "I am right well beloved Valentine, John Pasyn, Esquire."

Those who think that the old epistles about the mating of the birds on Feb. 14 is sufficient to explain the connection between St. Valentine and lovers suggest that the association grew out of the similarity between the Norman word galanterie, meaning a tour of women, and the name of the saint. They think that Galanterie Day, with the initial g frequently pronounced as v to lead to confusion in the popular mind.

Another theory is that the association with lovers is a survival of the Roman festival of Lupercalia. At that time the names of young women were put in a box from which they were drawn by chance, at an arrangement under which a young man became the gallant of a young woman for the next year or at least became her partner for the festival. It is said that the early Christian clergy objected to this custom and substituted the names of saints for the names of young women. Each young man was to try to emulate the saint whose name was drawn for him during the next 12 months, though Richard Le Galliart, writing in 1892, was to comment 13 or more centuries later, "Respect a woman and to draw a saint is ever a disappointment to mortal man."

Since the drawing occurred on Feb. 14, the day of the saint, in both its original amended form, the association with St. Valentine was clearly established. This still did not explain the association with lovers, however. For that, the theory connecting the day with the mating season of the birds seems the most plausible, drawing the names of young women from a box on Valentine’s Day continued for centuries. The young man and woman who were paired by this method were once in the habit of giving presents to each other.

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TAKING A BREAK

Kavir Shannon (right), a freshman from Tulsa, takes time out from bull riding practice at the college farm to work on his horse while NEDA rodeo coach Llew Root offers some advice. 

Photo by Lea Griggs
Caffeine creates several health-related problems

By Marti Jones

Caffeine intake may be a danger to your health. Marli Flatte, associate professor at the University of Arizona College of Pharmacy, says: "Caffeine is a powerful stimulant drug. It can cause a lot of symptoms, most commonly irritability, insomnia, and a feeling of generalized anxiety."

Because caffeine is such a common drug in our society, we need to understand its effects. Because of the presence of caffeine in coffee, tea, and some soft drinks, chocolate, over-the-counter and prescription drugs, it is easy to consume more caffeine than you realize.

Toby Lavin, director of Food Services and Lloyd Ogles, director of auxiliary services at UNO, report that students consume approximately 50 grams of caffeine daily, 500 milligrams of pop per week, and 150 milligrams of tea per week.

"This does not include all the consumption of chocolate by the students and the faculty," stated Lavin and Ogles.

Flatte states, "If you start feeling jittery and anxious, think about what you're eating and drinking. It could be due to caffeine intake."

Even though large amounts of caffeine can be bad for your health, Flatte adds: "Most colds can cause severe headaches and other discomforts, because the body becomes dependent on caffeine's effects. Whenever possible substitute decaffeinated coffee, tea, or cola."

However, if you're already consuming caffeine, then it may be too late to cut it out completely. Instead of trying to quit cold turkey, try cutting down gradually. Try switching to decaffeinated options or drinking water instead.

In the long run, reducing caffeine intake can lead to improved sleep, a healthier weight, and reduced risk of developing certain diseases. It may also improve your overall mood and energy levels.
Norse control conference Wrestlers visit district playoff

Sophomore Calvin White and freshman Kevin Lanezford combined for 50 points to lead the Golden Norsemen to a 30-7 victory over Bacone Junior College Monday night in the NEO Fieldhouse.

The victory gave the Golden Norse the possession of first place in the 81-State East with a 5-1 record. The Norsemen's season record stands at 18-4 overall.

The Norsemen will travel to Stillwater, Okla., to play State Fair on Saturday. The Norsemen defeated State Fair 86-59 earlier in the season.

Remaining on the road Monday, the Golden Norse will face conference rival Connors State at 8 p.m. in Warner.

Norsemen 76-Baconc 71

White equaled his season high with 28 points while Lanezford added 22 total points.

"We knew going into the season that Calvin was going to have to guard once point up down low. But he can do so many things that it makes it almost impossible for anyone to stop him," said head coach Lonnie Spencer.

"And over the last four or five games he's really been doing a good job of stepping up and hitting the big shot when we needed it," Spencer said.

The Norsemen jumped out to a quick lead and led 30-22 with 4:01 left in the first quarter.

Consecutive field goals by Keishon Hawkins, Anthony Brewer, and Mark Begay pulled Bacone to a 23-30 deficit with 2:34 before halftime.

David Williams scored on a put-back and Orlando "Tweet" Edwards added a field goal to give the Norse 34-32 halftime lead.

In the first 20 minutes of the second half no offensive momentum was established as the score was tied three times.

White and Lanezford hit back-to-back field goals to give the Norse a 63-59 lead with 8:22 left in the game.

A 3-point field goal by Damon Worzella and a free throw by Hawkins pulled the Warriors to a 68-66 deficit with 4:41 showing on the clock.

Down the stretch Lanezford hit three free throws while White and Shale Williams added two scores to provide NEO's margin of victory.

Norsemen 81-Mobley, Mc, 88

Five Golden Norsemen players scored in double figures and Ray Mobley set a school record with eight blocked shots as the Golden Norsemen defeated Mobley, Mc, 81-88 in Mobile,

In his second game as head coach, assistant coach Jay Herkelman took over the reins for a sick Lonnie Spencer.

White led the Norse with 21 points followed by Lanezford with 19, Ponderosa, "Tweet" Edwards (15), and David Williams with 12.

Norsemen 82-Carl Albert 71

Forward Kevin Lanezford scored a season high 26 points to lead the Golden Norsemen to an 82-70 victory over Carl Albert in Viking Fieldhouse.

The win gave assistant coach Joe Herkelman his first win as taking over for an ill Lonnie Spencer.

"One of the keys to this game was the ability to get the ball inside to Calvin," said Herkelman.

Thus though Calvin didn't score a lot of points, he got them inside/inside," said Herkelman.

By Chris Frank

Eight members of the Golden Norse wrestling squad left Miami Thursday to participate in the two-day District C Tournament in Colby, Kans.

"We have the number one and number three team in our region," said head coach Alan Lauchner.

"Out of six of the teams are in the top 20 and four out of six are in the top eight.

Joining the Norsemen in the double elimination tournament will be host Colby Kansas Community College, Garden City Kansas Community College, Garden City, Kansas, Labette Community College, Pittsburg, Kansas, Northland Community College, Garden City, Kansas, and Haskell Institute in Lawrence, Kansas.

The top team along with the top three individuals in each weight class will qualify for the National Junior College Athletic Association National Tournament Feb. 26-27 in Birmingham, N.D.

Last year the Golden Norsemen saw three wrestlers to the national tournament while finishing fifth overall.

"We had adversity earlier in the year, but we are starting pulling together as a team," said Lauchner.

The Norsemen will be wrestling without the services of a 125-pound or a heavyweight.

Sophomore Greg Bolderidge of Sallisaw will wrestle at 168 after being injured last season due to injury. He finished the season with an 8-4 overall record.

Freshman John Johnson from Marlow will represent the Norse at 184. Johnson posted an 8-6 overall record in his first season.

Another freshman, Ally Steinman of Quinley, Mass., will wrestle in the 142 weight class.

Steinman compiled a 13-2 record this year.

Tim Cook, a freshman from Stilwell, will compete at 150 weight class.

Cook compiled a 3-1 record this season.

Veteran Rodney Acox from Paul Valley will return to the tournament at the 198 weight class after posting a 7-6 record this season.

Acox compiled a 31-11 record as a senior his freshman season and advanced to the national tournament.

Terry Foster, another red-shirt from Sand Springs, will compete at the 185 weight class for the Norse.

Foster compiled a 10-20 record on the season.

Freshman William Hubson from Tuba City will wrestle at 177 for the Norse after posting an impressive 33-8 record in his first season.

Wrestling in the 175 weight class will be Richard Brown, a freshman from Louis ville, Ky. Brown posted an 8-10 record after dropping down from the heavyweight position.

"We are in the best shape of any team in the region and we are a young strong team," said Lauchner.
Baseball squad prepares for challenging schedule

By Jeremy Pendleton

Returning from a 27-29 over all record during the 1992 season, the Golden Norse baseball team begins this years season with all the seriousness and intensity of the real world series.

“Two nights ago we came up with a new schedule that we are going to play, but they’re filling up with major responsibilities,” said head coach Rick Rinchel.

The Norsemen will host the Vermont College Junior College, Feb. 23 in Traverse City, Michigan. Last year Traverse City finished in the top 20 and won both of their district and regional titles. The Norsemen will face off with theInvite Hills College which was another participant in the Junior College World Series.

“ Traverse is tough. We’re just going to have to play tough all the way through the game,” said Rinchel.

The Norsemen move on to play in the Delgado Tournament in New Orleans, La. In this tournament the Norsemen will face off against the junior college who has won the College World Series in ’92 and are now ranked number two in the nation.

Other teams that the Norsemen face will be Delgado and Mississippi Delta Junior College. Both of which are ranked in the top 10.

“Good pitching is going to be our main importance to winning this season,” Rinchel said.

The difficulty of the schedule continues as the Norsemen enter their second week of the season.

NED will face off with Indian Hills College which was another participant in the Junior College World Series.

“We also have to play teams like the Sertoma and Centex who are within our first region,” said Rinchel.

“I’m confident that our team will represent Traverse City and everyone is going to work hard and handle this year,” Rinchel said.

The entire 1993 schedule is as follows:

By Jeremy Pendleton

LONG THROW

Golden Norse third baseman Robert Nearing makes a long throw to first during a game last year. NED begins the baseball season Feb. 23 in Traverse City, Texas.

Ladies battle Cowgirls

Face crucial conference foes

Locked in a battle for the top spot in the Eastern Division of the Bi-State Conference, coach Randy Gipson’s Lady Norse travel to Winona. Missouri, for a 6 p.m. showdown with Centex State College.

Prior to last night’s conference battle with Eastern Oklahoma, the Lady Norse set the Bi-State East with a 6-0 record and a 23-1 overall mark.

The Lady Norse return home Thursday to face conference foe Western Community College at 6 p.m.

Students are reminded the Westark game is Jam Night. Every one is encouraged to dress up in outer shorts or other colorful gear.

NED 89-Bacon 51

Starting a two-game homestand the Lady Norse cruised to an easy 89-51 victory over Bacon Junior College Monday night in the NED Fieldhouse.

With their win over Bacon coach Randy Gipson second ranked the Lady Norse improved their record to 23-1 in the season.

During the first six innings of the ball game, the Lady Norse built a solid 39-9 cushion. Freshman center Lenoấa Byers scored 12 points during a spurt while Eddie Pierson, Nicole Willis, and Lisa Gustin added six points each.

Leading 66-39 the Lady Norse ran off nine straight points to build a 75-39 cushion with 4:34 showing on the clock. Field goals by Nikki Edwards, Byers, Keshia White and Gustin accounted for the NED run.

Byers led all scorers with 24 total points while Gustin added 14 and Kadasha Bush II. NED 90-67.

Winning yet another road game the Lady Norse improved their record to 22-4 on the season with a 90-67 win at Missouri. Miss. last Saturday.

Byers topped the 30 point plateau for the fourth time this season with 34 points and 12 rebounds.

Anissa Lewis contributed 13 points and Gustin added 10 points as the Lady Norse won their sixth straight game.

Tracy Aldridge paced Missouri with 24 total points.

“We did a great job of getting the ball inside against Missouri. We were able to shoot 50 percent from the two point range and also did a great job of getting second and third shots off the offensive rebound,” said Lady Norse coach Randy Gipson.

NED 68 Carl Albert 54

Overcoming a dairy and sluggish first half performance the Lady Norse gained a 68-54 victory over Carl Albert in Poteau.

White led the Lady Norse in scoring with 17 total points while Pierson scored 15 and Byers scored 14.

The Lady Norse hit 28 of 62 for 45 percent from the field and 14 of 25 for 56 percent at the line.

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