ID cards made now on campus

By Tonya Crowell

New Editor

New identification cards for faculty and students will be available on campus starting Monday through Friday in the registrar's office.

The cards will be available on a first-come, first-serve basis. There will be no limit to the number of cards issued.

The cards will be available Monday through Friday from 8 a.m. to 5 p.m. The registrar's office is located on the second floor of the administration building.

Several locations designated labels as tobacco-free

By Marti Jones

Several locations designated as tobacco-free. The Clinton administration has announced that all federal buildings will be smoke-free by the end of the year.

Drop/add deadline nears

Students should submit their changes to the registrar's office by the end of the day on Thursday, October 28, 2003.

Theatre releases schedule

By Tonya Crowell

Theatre NEO. the college's new theatre department, has recently announced the schedule of performances for the 2003-2004 season.

Starting the season off, the drama department has chosen the American Classic "Drama Our Town" by Pulitzer Prize-Winning Play and theatrical director Brian Hash. The play will run Oct. 20-30 and will be directed by Brian Hash.

The annual Children's Production will be directed by Good Man, Charlie Brown, a musical adaptation of the popular comic strip.
Opinion

Dr. Carroll issues greeting

Dear NED Students:

Welcome to NED A&M College! I am very pleased to be President of NED A&M College and to be a very exciting time for me and one in which I plan to share with each of you. I would encourage all of us to look at things in a new light and possibly to be more open to change. The students at NED A&M College and the college itself are going through some changes that have occurred on the campus during the summer months. We are very much looking forward to the fall semester, and we are excited about the prospects of a very rewarding fall semester. As the semester progresses, I hope that you will find yourself becoming involved in college activities and that you will excel in your studies and all of your academic endeavors at NED A&M College.

Again, welcome to NED and I wish you the best for 1993-94.

Sincerely,

Dr. Jerry Carroll
President

Student Body Government president welcomes group

On behalf of the Student Body Government, welcome to what is going to be a fun, interesting, and exciting year for students on campus.

Throughout the summer the Student Body Government has prepared and organized a hopefully successful year for the students on the NED campus. We finally got our Student Body Government office remodeled and ready for use. The office is located just outside the lobby on the left as you go into the Bruce G. Carter Student Union building.

We feel that the Student Body Government office should give a nice, relaxed feeling so students won't feel bothered by coming in and asking to use it.

This is your office and we are your communication device, use it! If you have a problem, complaint, or suggestion come to us. That is why we are here.

There are many changes that took place on campus over the summer and we are predicting many more in the future.

One way of finding out about all the excitement is coming to our meetings.

We have moved our meeting location to Cunningham 106 and everyone is invited. The newly installed security features in the building to protect any damage done on the NED campus at night. Have you seen the new furniture in our Student Body Office?

Didn't you wash your hands in the Residential Hall bathroom and not have any soap? Not you! Visitations hours are in the process of being changed. The administration has asked that we pass this proposal, that we change the new visitation hours in fact, that students in exchange may respect the campus and all the property that we have ordered.

If not the visitation hours could go back to the way they were.

Your student activity fee monies will be put to good use this year with a frequent and wide variety of student activities on and off campus.

We also would encourage all clubs and organizations to get organized and get ready for Homecoming week and Family Day.

Select a SBG representative and a Homecoming queen as soon as possible.

The Student Body Government looks forward to serving you this year and we hope that this is the most productive and exciting year for Student Body Government and you.

Remember participation and involvement always makes the school year more fun.

Sincerely,

Brian Barlow
SBG President

Poem stimulates thought

LISTEN

Listen when I ask you to listen and you start giving advice. You have not done what I asked. When I ask you to listen and you feel you have to do something about my problem you have failed me. Strange as that may seem.

LISTEN

All I asked was that you listen, not talk or just hear me. As you accept the simple fact that I do feel what I feel, and I can just try to convince you and get you to understand the difference between the two. That is that your feeling is correct because it is right. And when that clear, the answers are obvious and I don't need advice. Emotional feelings make sense when we understand what's behind them. So, please listen and just hear me and, if you want to talk, wait a minute for your turn, and I'll listen to you.

Anonymous

Editor seeks student letters

We live in a democracy. How often do we get the chance to express what we think? It is your school to express your feelings.

The Norse Wind is your chance. It is your opportunity to get your views across. All you have to do is pick up your pen and tell us how you feel. The only catch is that you sign your letter and it is kept within the privacy of the editor before it is printed.

All letters will be read.

Norse Wind

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Nord Jones
Managing Editor
Trisha Bengt
Features Editor
Carrie Bush
People Editor
Ted Kramen
Sports Editor

Opinions expressed in the Norse Wind are not necessarily those of the students, faculty, or administrators at Northeastern Oklahoma A&M College. Letters to the editor are approved by the Editorial Board. Opinions expressed in the Norse Wind are those of the individual writer. All submitted letters must be signed. The Norse Wind reserves the right to edit all copy to conform to journalistic standards. Published opinions do not necessarily reflect the opinions of the Nordic News. Written content may be published in other media outlets on the campus. Members of the Oklahoma Collegiate Press Association. Local ad call 542-4421.

Words constitute different kinds of harassment

You are a woman taking a walk, jogging, or simply going to the store. A car full of men drive by and as you are standing on that street corner waiting for the light to change so you can cross the street, they yell at you.

It might just be a whistle or it could be as vulgar as him saying what he'd like to do to certain body parts. You are angry, upset, even embarrassed. You wonder why they think it is funny to treat people like dirt.

Has this ever happened to you? Have you ever done this? Being the person who is being yelled at is not funny. Most of the time a person gets violent. No one enjoys having sexual obscenities yelled at them.

To those who do this or have done this, how do you think it would be to be standing your own business and someone yelling at you and make you feel uneasy. That woman has just as much of a right as you do to be out and should not be punished for it.

The first amendment guarantees the freedom of speech. The first amendment also says that this freedom can be restricted if a person is unable to practice their freedoms because someone else's actions.

This means that someone has a right to be out without being terrorized by people. Everyone seems to forget this part of the first amendment as they are shouting out about it being their constitutional right to yell things whenever or whatever they choose.

It is all right to make little comments to yourself or your friends, but please don't yell them at someone because words can hurt.

Think about how it would feel if someone yelled those things at you.

One in four women will be raped in her lifetime. This woman that you are seeing at could be a recovering rape victim with a gun that she pulls out and shoots you with.

Maybe that is a little extreme, but it can happen. You may be a perfectly harmless guy who is just out and yelled that because you and your friends are bored and think it is funny, but how are women supposed to know that you are safe.

With so many unviewable people running around today you can't tell whose safe and whose not.

Now don't think that some women don't like attention and to be flirted with. Just try to remember that women are human and being treated like scum is not appealing.

The whole point of this is not to make bash but to point out that this is not funny and guys should find other ways to have fun.

Just keep in mind that we all have feelings men and women so we can't treat each like we would want to be treated.

Words do hurt, sometimes more than anyone could ever realize.
Time management is a blessing

Editor’s note: The following article appeared in the August 1993 issue of Vitality magazine. The material for the article was supplied by Dr. Nita Tassi.

HAY YOU LOOKED at a clock or your watch once picking up this issue? Do you “just to check the time again?” Are you having trouble concentrating because there are other things you have to do and you need your attention? If you answered yes to any of these questions, you may be added to a group of “urgency addiction: an unnatural sense of urgency about time,” says Nita Tassi, Ph.D., a communications consultant in Baltimore and author of Urgency Addiction: How to Stop Dropping Your Time and Achieve Success in Business. “People with this syndrome constantly monitor the clock to the point that it interferes with enjoyment of life.”

Society and technology are primary reasons for urgency addiction. “Our society is superficial in time-consciousness, it seems normal to always be worried about the time and what we need to do,’ Tassi says.

That sense of urgency is fueled by technology, cellular phones. In meetings, pocket pagers, that look at your phone and say, “In two minutes, I’m going to call you.” Tassi says. “People need to manage their time and not be driven to do things fast, thus creating more time in which to conduct more business.”

Uncertain economies, times also are a factor. Employers are demanding increased productivity, often from a reduced workforce. Employees respond by working longer hours. “Home life, recreation, even household chores get squeezed into a shorter time period,” Tassi says. Often those activities are neglected completely.

REMEMBER IT’S YOUR TIME

“Time essentially is all you really have that is yours,” Tassi says. Therefore, the key to breaking out of urgency addiction is to regain ownership of your time. That’s a two-part challenge.

The first part is mental—“You have to take a revolutionary new look at how you spend your time. It’s totally up to you,” Tassi says.

Once you adopt this frame of mind, you can begin to spend your time in ways that reflect your priorities. You need to take responsibility for your time management.”

“Engage in a proactive, conscious effort to do everything that you want to do, to take the time to think, to plan, to have fun,” Tassi says. “Take time each day to relax and be quiet, even if it’s just for five minutes. Think about yourself rather than others for a change.”

WHAT’S AT RISK

Anyone who fails to pay urgency addiction. “Type A people may not be a lousy person just to it. But Type B can change overnight if they feel threatened,” Tassi says. “At the same time, working long and hard is certainly not a sign of urgency addiction. ‘If you’re very busy and you’re happy being busy, but you don’t have urgency addiction,’ she says. “But if you wake up in the morning and immediately feel pressure coming down on you, then you probably are addicted.”

Squad members set

Squad members set the 1993-94 Golden Norse cheerleading squad, according to Nancy Bishop, director.

Girls came from towns throughout the state to participate in the program held recently.

Coaches were judged on spirit, appearance and performance ability. They were also required to learn a short chant that was provided.

There are only two incoming freshmen that made the squad. They were Sara Minter, Quapaw, and Julie Reed, Mounds.

Returning cheerleaders include Kristin Arnold, Grove; Amy

Ben shaft, Farmington, Ark.; Felisha Dorey, Oklahoma City, and Stacy Loving, Miami.

Others returning are Tiffany Mccann, Commerce, Stacie Seabright, Springfield; Ark.; Tiffany Palmer, Commerce, Carolee Prager, Miami; and Holly Siple, Picher, and Todd Ziegert, Tulsa.

First-time cheerleaders will receive a $100 tuition scholarship each semester while sophomore participants receive $500 each semester. Members of the cheerleading squad must maintain a 2.0 grade point average to remain on the squad and to receive the scholarship for a full academic year.
Simple Simon's Pizza

Located on the South end of the campus in the lobby of Hamill Hall
Hours: 9:30 a.m. - 5:30 p.m.
Monday through Thursday
9:30 a.m. to 5 p.m., Friday
4 p.m. to 10:30 p.m.
Standard menu

Clubs provide social setting

Editor's note: This is the first in a series of articles describing the clubs on the NEO campus. Approximately 45 clubs and organizations offer students an opportunity to become involved with various academic areas on campus.

Alumni-Athletic Club

A new active organization which has been formed includes students interested in both past and future athletic events. The club meets regularly to discuss the history of sports at NEO and plans for future events.

Science Club

An organization that meets to discuss scientific topics ranging from physics to biology. Regular meetings are held to share knowledge and explore new ideas.

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Pepople

Student gains high school degree

While being active in college atmosphere

Editor's note: The following article was written by former NEO student Craig Davis on Aug. 12 for the Miami News Record.

For one area resident, the sound of "Peep and Circumstance" is probably the sweetest song ever written. But there was no trumpet or feetsteps as Bruce Williams quietly reached a goal 20 years in the making.

"It's been 24 years since I left high school," he said. "And the one thing that I've regretted most in my life is that I never got my diploma."

The year was 1969 and Barbara, yet 17 years old, was in love with a serviceman. When she quit school after her junior year at Welch High School to be married, her life changed forever.

"The pressure was too much then to be married and still be in high school," she said. "He was in the service, and I thought we would be moving, and so I quit. Then we started our family, I became a mother and there just was no time to think about what I had done."

That all changed, recently, when Barbara received her diploma thanks to a program that allows college-bound students who have reached a high school degree.

"I had reached a dark point in my life. I was a ne'er-do-well, really. I was married at 17. I had been through two failed marriages, and I had no direction in my life. Then in 1991 I met a woman who was working with a friend of mine who was working in an office. She introduced me to the Drinking in College program."

"I found out that I had been reached here."

So, in the fall of 1992, 39-year-old Barbara started back to school as a college freshman. Her oldest daughter was a sophomore at NEO.

"That first semester was a hard one, getting back into studying and taking notes after all these years, and it was a lot of times when I didn't know if I could do it, but now, I can put into words what I mean to finally have reached this goal."

The State Department of Education has a program whereby Oklahoma residents may be eligible to receive a high school diploma from the state department provided they show proof of date of birth, have 30 or more hours of approved credit from an accredited Oklahoma college or university, have attended an accredited Oklahoma public school at some time, have completed college hours and are legal resident of Oklahoma.

"It's one goal that I have set for myself that I have accomplished," Williams said. "The next step is to get through college. I want to be better myself and not depend on anyone else to support me, and now, I'm on my way to doing that."

A medical technology student, Williams will graduate next spring with her Associate's degree before entering the medical program. She says that she faces life with a new enthusiasm and determination thanks to this program.

"I've learned that you're never to old to learn no matter what anyone else says. I think about that," she said. "I always knew that getting my high school diploma would be one of the happiest days of my life, and now I know it will be."
Rick Ritschel coaches in baseball Odyssey

After coaching at the junior college level for more than 15 years, Northwestern A&M's Rick Ritschel didn't know what to expect when he arrived in San Antonio, Texas. Last season, he served as head coach during the United States Olympic Festival. Ritschel served as head coach of the South team, which finished second in the four-team tournament that concluded July 31. The South dropped 1-4-1 against the North in the gold medals.

The Olympics were not well organized. "The coaches were pretty much left alone, kids were on their own," Ritschel said.

"It was a great experience," Ritschel said. "It was an opportunity to be around kids who are national caliber athletes. It was a great experience for our kids to represent the University of Texas." Ritschel said.

"I'm excited to be here," Ritschel said. "I'm looking forward to the opportunity to work with these young men." Ritschel said.

"I'm excited to be here," Ritschel said. "I'm looking forward to the opportunity to work with these young men." Ritschel said.
Sports

Youth highlights pre-season

Football team opens on the road

By Chad Grubbe

Searching for the right combination that would create a chemistry to challenge for the national championship, the Golden Norseman football squad begins the 1993 campaign needing to fill some specific voids.

Last season coach Mike Loyd’s Golden Norse made their second consecutive appearance in the National Juniors College Athletic Association National Championship game in Tulsa. Playing in a nailbiter, the Norse suffered a 34-30 loss to Northeast Mississippi in the Mid-America Bowl. The Golden Norse finished fourth with 9-1 record.

“We’ve got the strongest set of linebackers and defensive linemen returning that we’ve had in the four years I’ve been associated with this program,” said Loyd.

“Defensively, we have seven not only possess the size and strength they need, but also the athleticism we’ve had in a long time,” said Loyd.

The Norse, however, will have to battle the vast offensive lines of their opponents, especially the quarterbacks, in order to create a turnover situation.

“We have a weakness defensively and it will be the absence of our secondary,” said Loyd.

“Again, in the game of football, you can’t get a couple of kids back that had some playing time, the majority of our sophomores are unproven and we may have to rely on a couple of freshmen filling the gaps,” Loyd said.

Offensively, the Golden Norse will be replacing their entire unit because of graduation. The Norse average 364.9 yards per game including 243 yards rushing and 121.3 through the air.

“The biggest question mark on offense is who is going to be at the line because we make some switches at some positions,” said Loyd.

“Quarterbacks

Sophomore Derrick McGee (5-4, 205), Tulsa Washington, is the signal caller this season after spending last season at Arizona State.

Freshmen Jason Strope (6-0, 180), Bartlettville; Calvin Blade (6-2, 220), Somerville, Tenn.; and Carlton Washington (6-2, 200), Houston, Texas will battle as backups.

Running backs

Returning at the fullback position are Larry Bowie and Mike Mapfield with sophomores Bryant Henderson and Keithon Huddleston at fullback.

Bowie (5-11, 220, Ammonia, Ala.) rushed for 90 yards on 42 carries with three touchdowns in four games as a freshman. Bowie also caught three passes for 63 yards and one TD.

Mapfield (6-0, 205, Haslett) is the cousin of former NFL fullback Lashon Johnson. Last year he rushed 63 yards on one carry with one TD in two games.

“Because all of those backs are so versatile, we may have a situation where there won’t be a number one and a number two. We’ll use them interchangeably,” said Loyd.

Henderson (5-11, 230, Lion- coton, Ga.) rushed for 88 yards on 10 carries with three touchdowns in five games.

Huddleston (6-0, 230, Sumter, S.C.) gained 144 yards on 24 carries with three TDs in eight games at fullback. Dامتman also caught two passes for seven yards.

“Both these kids are big and strong. Once they improve their blocking ability, they will be able to block effectively,” said Loyd.

Freshmen recruits at the running back positions are Jerome Bur-roughs (6-0, 240, Oklahoma), Zach Leonard (5-10, 200, Miami), Rayjon Mitchell (5-5, 200, Bay City, Texas), and Marvin Blades (5-8, 180, Tulsa Washington).

Other freshmen running backs are Terry Jones (5-10, 185, Oklahoma City), L.G. Thompson (5-10, 195, Fort Lauderdale, Fla), and Eric Young (5-8, 195, Huntsville, Ala.).

Receivers

Three sophomores return to bolster the receiving corps. Returning as wide receivers are Mike Higgins (5-10, 195, Carolton, Ga.), Brandon Willis (5-10, 175, Shawnowne) and Cheeky Aiken (5-8, 180, Eden, N.C.).

Higgins appeared in eight games last year for 113 yards on six receptions for 90 yards and two TDs.

Willis played in one game last year while Aiken red-shirted.

Freshman receivers at cornerbacks are Tracy Vaughn (5-11, 175, Marshall, Texas); Brian Forester (5-10, 175, Compton, Calif.); Chris Haden (5-11, 174, Apopka, Fla.); Harold Jones (5-10, 175, Tulsa Washington); Terence Crenshaw (5-10, 190); Chris Edwards (5-10, 195, San Diego, Calif.); and LaMarr Mathis (5-7, 142, Lawton).

“Moving off from defensive tackle to tight end position is veteran defensive end Jonathan Butler Woods (6-1, 205, Little Rock, Ark.).

Freshmen Jeremy Banks (6-1, 205, Tulsa Washington); Brandon Raser (6-1, 205, Kadett) and Brian Forester (6-1, 205, Fort Lauderdale) are challenging at tight end.

Offensive line

Another area of concern for us is going to be the interior offensive line because we lost some sophomores to grade problems that were projected to start last season,” said Loyd.

Anchoring the center position for the Golden Norse will be junior Tyvon Phillips (6-5, 275, Bluejacket) who is expected to start at guards for the Norse are veteran Jason Hall (6-1, 230, Tulsa Union); Jermaine Elam (6-1, 215, Lincoln, Ga.); Keing Arthur (6-0, 240, Sapulpa); Festus Thompson (5-9, 240, Broken Arrow); and D.J. Johnson (5-6, 180, Broken Arrow).

Veterans defensive back Jonathan Johnson (5-11) tries to dialogue the ball with wide receiver Cheeky Aiken during intrasquad scrimmage last Saturday at Robert Field. The Golden Norse will host their final spring game on Saturday at Robert Field. The scrimmage is free and open to the general public. Everyone is invited to attend.

Kickers

Sophomore Eric Jackson (5-10) returns to handle the place kicking chores. Last year Jackson converted 19 of 39 PATs and four field goals with 56 total points.

Sharing the punting responsibilities will be freshmen Bobby Crawford (6-2, 205), Oklahoma; Andrew Manning (5-9, 180, Bartlesville) and James Stulba (6-0, 180, Broken Arrow).
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