Enrollment starts Monday

By Cindy Bear
American News Editor

Enrollment for the spring semester begins Tuesday, Nov. 20, according to Dale Patterson, dean of records and admissions.

"Students are encouraged to enroll as soon as possible so that they may receive the exact schedule they need," said Patterson.

The list of spring courses can be obtained in the Learning & Language Center located in the Center for Student Development or at the business office. Students planning to enroll will be issued a schedule of classes (6 hours or more) from Monday through Friday of each week.

Other currently enrolled students may be able to obtain a permit from the business office on Monday, Nov. 20 through Friday, Dec. 8 during office hours.

New or returning students who are not currently enrolled need to report to the admissions and records office. After processing and initialization, new students will be issued a permit for the assignment of academic advisor.

Returning students will either be sent to their previous advisor or assigned a new one.

New students can begin enrollment Monday, Nov. 5.

All students will report to their advisor after initialization by the admissions and records office.

Upon reporting their advisor, currently enrolled students should have their advisor's enrollment and new students should have their course enrollment packet.

Voters must report to the University's Center of Student Development, see advisor for the assignments.

Graduating seniors must turn in a course guide, completed and signed by their advisor.

The University's Center of Student Development will be open Monday, Tuesday, and Thursday from 8 a.m. to 5 p.m. and Wednesday from 8 a.m. to 8 p.m.

All students must complete an application form for a motor vehicle parking permit. Parking permits can be obtained in the campus safety office located in the basement of the Edna Hall dormitory. Cost of permit is $10 each.

All students, residents, and commuters must have a parking permit on their vehicle in order to park on campus.

The spring semester begins Thursday, Jan. 12. Anyone wanting further information should contact Patterson at ext. 212.

Problems increase for security

By Andy Clark
Lifestyles Editor

There has been an increase in complaints, theft, and other minor problems on campus, according to the campus safety department.

These difficulties have resulted in an increase in the number of officers on campus.

One of the major problems confronting the office is the consumption of alcohol on campus. Reports are being made almost daily.

"The students are going out buying the alcohol and bringing it on campus to their dorm rooms," said Mike Watson, director of campus safety.

"As they proceed to drink, the students become loud, rude, and disrespectful."

The campus safety has issued a statement indicating that they are cracking down on the drinking problem. Students are requested to sign the statement once they have read it.

This measure was adopted because in the last month, there have been countless reports involving alcohol in fraternities on campus.

Recently, there were reports of five burglaries involving alcohol, including a C.O. player, a C.D. player, and personal items stolen from the dorm rooms of one of the resident's vehicles.

The football lockerroom was broken into and a stereo, and duffle bags were stolen.

Late one night, assistant football coach Rick Stockman's car window was smashed using a dumbbell, which was stolen from the fieldhouse.

The Subway sandwich shop located in the Halliburton Dehghani building was also recently broken into and property valued at $200 was stolen.

Other such minor disturbances investigated by the campus safety have included loud music, smoking in dorm rooms, and being disrespectful to college employees.

"It has progressively gotten worse," Watson said.

Assaults have become another problem on campus. Friends fighting with other friends, girls being threatened at knife point, and officers being hassled are areas that require attention from campus security.

Three girls filed a report which indicated a fellow student became angry and pulled a knife, threatening them.

Another report indicated that a student asked to find his roommate threatening to burn him with a cigarette.

"We are hiring new security for Saturday and Sunday. Also we are getting a cellular phone, so officers can contact the source faster and officers and be dispersed faster," said Watson.

Campus beautification

College maintenance workers removed the dirt from around the flag pole area of the mall between Bruce G. Carter Student Union and Skelly Hall. The dirt and grass area was replaced with concrete and newly planted trees added to the area. The benches are part of a student project and will feature plaques recognizing those who donated to aid and in whose name.

Native Americans host special ceremonies

The Native American Student Association will hold a "Traditional Day" on campus. The ceremony will begin at 3 p.m. on Friday, Nov. 13.

A celebration of the blessing of the student union will take place at 4:30 p.m. on Friday, Nov. 13.

A special guest speaker will be a Native American veteran.

Following the assembly, a powwow will be held in the college's Equestrian and Multi-Purpose Center located east of the main campus on Rockdale Boulevard.
Television shows reveal violence within society

Are the shows that are aired on cable television with violent content related to the rise in the U.S. crime rate? According to a survey conducted by the Corporation for Public Broadcasting, eight out of 10 adults polled think too much violence is shown on television.

Seventy percent of those polled also stated that there is too much sexual material and bad language on general cable stations. But the problem is, does this have a direct affect on the behavior of those in our society, or do we all take it for what it is, make believe that’s not to be taken seriously.

If what we are showing in violence, sexual material, and bad language to our children on TV, doesn’t encourage them to act out their aggressions, then what is it? Is it not an insult to our own intelligence, our own self-worth?

It is a known fact that the U.S. has one of the highest crime rates and murder rates in the world. Is this not a direct impact of what we show on television?

Experts have always said that kids raised in abusive homes have a very high chance of becoming abusers themselves. They grow up seeing violence between their family members, so they learn to relate hitting etc., to showing how they feel. This behavior can be passed on from generation to generation as society decides to put a stop to things.

Now, if those children and adolescents who are watching these explicitly violent shows on TV start relating hitting etc., to showing how they feel, their reactions to what we see and hear are bound to carry over into the way we act day in and day out as a society.

So, now, if you again, does the violence on television have a direct relationship with America’s increasing rate in the crime rate?

I think so.

Abby Baggett

Student issues complaint

There has been a number of people that have decided that giving up and going home is much easier.

Who gave you that absurd idea?

I watch you one by one packing up your staff in those economy-sized cars and make your last minute notice of the newspaper.

Don’t Do It! It is not worth losing that education that you are just beyond those dollar bills.

These are the years that you can tell your children that you actually stuck something through.

Have you ever seen the pride in a parent’s face when their child graduates high school? Well imagine the joy they feel when you walk across that stage at graduation.

There are so many things in life that we give up on and how many times have you wished you did not.

Look at the people in the Olympics or the ones in the news, reporting nationwide did not see their mothers put them on the podium and say “That is okay you can’t handle it I understand.”

No, they cared enough to turn themselves to work their fingers to the bone to get what they want.

This is the generation that factories seem to be in style because there are people out there who think we cannot make it. Time and time again it’s told that we cannot hack the real-world. Then at the same time we are shoved into it.

Look at this college. They are giving you a chance if you will just grab for it. It is there, it is waiting for you. I have heard that there is nothing to do here, it is boring, and things are just awful.

Hello, if you would wake up and smell the morning dew then you would see that things are going to stay the same until you change it. What is it going to take for this world to change? There are things I have heard that give the right for someone to give up, but they don’t.

These people just pick themselves back up and go on. If you don’t go on with life, then life will go on without you. It will lead to a road of regrets and ‘I wish I would have.’

It is a time that we feel that maybe college wasn’t a good idea and it would better to go home to the comforts of not paying bills and getting a job at Mr. Donald’s.

Oh, please.

Boy are you gonna be in for a surprise when even Mr. Donald hires a college student over you or when you lose that promotion you have been waiting for to some little snotty nosed college student.

Yes, college students this is what life is like when you are just in the beginning stages as you are. So keep in mind that it is always better than you expect. But that is what makes a person admirable. Think twice before you burn all your bridges.

Andi Clark

Suicide rate increases during holiday season

Over 6,000 adolescents take their lives each year, according to statistics printed in a book entitled Teen Suicide written by Jay Schieren. These figures have continued to increase and are three times higher than they were 30 years ago.

Suicide is the third leading cause of death in America. One out of every 12 students have tried to commit suicide.

Right out of 10 suicide victims tell some one they are planning to take their own lives.

Some warning signs that you might look for are depression making them, and have already tried to take their lives.

When a person sees these signs should one get an adult quickly. Try to speak and say with that person until help arrives. If there is no telephone, then try calling a suicide hotline.

The most important thing is to show that person life is worth living. With final exams just around the corner, and the ever-increasing pressures the holiday season create, it important for all of us to be aware of problems that people are experiencing.

Don’t let someone who appears to be depressed carry their burden by themselves. Help!

Sara Gann
People

Child Development offers variety

Should be requirement for most students

By Louise Ogles
Lubbock Avalanche-Journal

With enrollment for the spring semester scheduled to
begin Monday, many students that are still undecided on
a major might consider the challenging field of child
development.

The college child development department is a unique
program where students can receive training for elemen-
tary education, child care, speech pathology and many
other areas.

"One thing our students all have in common is that they
love children," said Marcia Tyson, director of child
development.

Students majoring in child development receive hands
on experience by working with kids and observing them
in the lab school on campus.

"The lab school is similar to a nursery school and pro-
vides a unique "hands on" opportunity for the students
with children and apply the knowledge they have learn-
ed in the classroom," Tyson said.

Children are accepted to the lab school by application.

Lab time is scheduled for students in a number of different
classes offered in the child development curriculum.

Classes contained within the program include child
development, nutrition for children, family relations,
health and safety of pre-school children, exceptional
children, thereafter the children, and human development.

"If you know and understand child development, you
can work better with children," said Tyson. "The
students often find themselves becoming attached to
three and four-year olds in the lab school."

"Most of the students on campus could benefit from
classes in child development because they either are, or
will be parents. Our program offers an opportunity to
learn lifetime parenting skills," Tyson said.

Some of this department's activities include voluntar-
ing to help with community projects and offering a
parent's night out.

The child development club meets once a month and
often has guest speakers covering topics ranging from
ADD to "How to Survive College with a Family."

"Our students have different majors and many of them
are working toward a bachelor's degree," Tyson said.

The students are offered a wide range of assistance in
this program. The department also offers work-study,
certification to become a nanny, and perhaps most impor-
tant, help in finding a career.

LUNCH BREAK

Gary and Becky Riley, dorm parents of Russell Hall, enjoy a laugh and a burger with Jere Wilson, a sophomore from Hominy, during the luncheons for Family Day last weekend.

Oklahoma group slates event

By Tanya Shepherd

The Oklahoma Institute of Indian Heritage will hold its sixth Annual "Spirit of the People" Fall Ball Friday, Nov. 18, and Saturday, Nov. 19.

"The celebration will be with the Oklahoma Indian Blues Benefit Auction at 6 p.m. on Fri-
day," said Ms. Wanda Stone, OIHH
craper.

The auction will feature music by the Black Hawks Blue Band and with a wide selection of world
art, collectibles, and other
tains available in the auction.

The site for the auction will be at the restored Will Rogers Center, the old Will Rogers Movie Theater, at N.W. 43d and Western in Oklahoma City.

Events at Saturday, Nov. 19, will begin at 9 a.m. with the "Little League" Powwow in the Great Hall of the Myriad Convention Center, downtown Oklahoma City.

This is an opportunity for young dancers under 16 from across Oklahoma to demonstrate their abilities and learn.

"The young people have organized and will conduct this
dance. This is in keeping with the
OIHH-nd the Elder Medians pro-
ization of cultural instruction and op-
portunities in young people.
Young people learn how to behave
through their culture," Stone said.

OIHH will honor Ms. Wilma
Markillier, Chief of the Cheyenne
Nation of Oklahoma, and Dominic
Markillier, Deputy Com-mis-
sioner of the Administration for
Native Americans, with presenta-
tion of the 1994 "Spirit of the Peo-
lle" award in a ceremony at
8 p.m. on Saturday.

"Ms. Markillier and Mr. Markillier have demonstrated long and successful advocacy of
all Native people and truly reflect
the "Spirit of the People."

Deputy Markillier was selected for the "Spirit of the Peo-
lle" award for being an unflapp-
ed advocate on behalf of Indian
people.

The OIHH "Spirit of the People"
award is being bestowed in recog-
nation of Ms. Markillier's long
years of service and her achievements as a national leader and Chief of her tribe.

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Simple stretches relax muscles

Editor's note: The following article appeared in the October issue of Vitality Health magazine.

You just completed your workout and you feel tired but good. You should do one more thing before you shower: Relax your muscles with simple stretches.

"The time you spend on stretching could be the most important minutes of your workout," said Michael J. Alter, M.S., author of "Sport Stretch." "Stretching helps you improve your flexibility, aerobic capacity and strength." Stretching lengthens and warms muscles and joints, allowing you to move freely through the full range of motion an activity requires. It can also reduce the tension in tight muscles after you've been walking, running or bicycling.

"Stretch only when your muscles are warm, ideally after you workout," said Alter. It's also helpful to stretch specific muscles before you start your workout, but be sure to warm up first with a low-intensity activity such as a gentle walk.

Stretches should be slow and easy. "Every person is different. You might be tight in the shoulders, while your train partner is tight in the hamstrings," he said.

Flexibility means also vary from sport to sport. For example, a tennis player needs a greater range of motion in the shoulders and arms than a runner does.

The following stretching exercises target flexibility needs for popular activities. As you stretch, breathe regularly and move in a slow, steady manner—don't bounce. Hold each stretch for at least 20 seconds. If you feel extreme discomfort or pain, stop.

Running/Walking. The primary difference between running and walking is intensity, obviously, the impact is greater the faster you run. Runners, joggers, and walkers should stretch their Achilles tendons, calf muscles and ankles.

For the Achilles tendons and calf muscles: 1. Lie on your back with your legs extended. 2. Bend one knee and, keeping your foot on the floor, slide it toward your butt.

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Enigma
Natural Born Killers
Tractors

Special laboratory units constructed on campus

Members of the college maintenance crew are helping solve classroom barriers for handicapped students while at the same time saving the college hundreds of dollars.

Three members of the NEO maintenance department have constructed chemistry work stations for wheelchaired students.

"Randall Jones, head of the chemistry department, came to me and showed me of some lab work stations in a catalog and asked if we could build something similar to them," said Rebbie Williams, maintenance supervisor. "The company selling the laboratory work stations was wanting $5000 each."

Williams said he put the creative minds of three of his maintenance men to the task and they were able to build the lab work stations for only about $350 each.

"We decided to go ahead and build three because once you get a pattern how to construct it, it was just as easy to make a couple more to go in all the labs," said Williams.

"The ones we constructed are probably more solid than those in the catalog."

The NEO lab work stations are totally of constructed with their own plumbing and electrical outlets.

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Golden Norse split classic games
By Byron Beers
Sports Editor
Opening up the 1994-95 basketball season at home, coach Leonard Spencer's squad split two games last weekend in the Golden Norse Classic. The Norsemen lost their first game of the season 64-58 to Cowley County, Kan. on Friday before bouncing back with a 64-61 victory over West Plains, Mo., on Saturday.
The Golden Norse remain at home Saturday by hosting Independence, Kan. The women's game starts at 6 p.m. followed by the men's contest at 8 p.m.

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Sports

Golden Norse corral Wranglers

By Byron Beers
Sports Editor

Winning their eighth consecutive game, the Golden Norsemen finished the regular season with a perfect 9-0 record by defeating the Cisco, Texas, Wranglers, 49-6, last Saturday.

Playing before a crowd of less than 500 fans on a cold and rainy day at Robertson Field, sophomore tackle Carl Sanders rushed for 166 yards on 26 carries to lead the Golden Norse offensive attack.

"Defensively, I thought we did a good job again. For the last three weeks we’ve continued to improve,” said NEO head coach Mike Loyd.

“I think we’ve become a great defensive football team.”

Stopping the Wranglers on their opening drive of the game, the Norsemen marched 80 yards in five plays as Sanders scored from five yards out. Andy Manning’s PAT gave the Norse an early 7-0 lead with 3:15 remaining in the opening quarter.

The Norsemen defense created the next score. Freshman cornerback Lamar Dumas intercepted Wrangler quarterback Marty Mitchell and went 21 yards for a TD. Manning’s point-after added 13-0 lead in the second quarter.

A turnover by the Norsemen gave a score from Cisco as Sanders fumbled on his own 40-yard line. The football was recovered by Wrangler defensive end Brian Hicks.

Wide receiver Rodney Brown caught an 11-yard touchdown pass from Mitchell with 9:48 left until halftime to cut the Norse lead in half at 14-7.

Sanders made up for his mistake by bolting for a 64-yard touchdown run on the Norsemen’s next series. Manning’s extra point gave the Norse a 21-7 lead.

Cisco gave the ball right back to the Golden Norse as sophomore linebacker Daniel Oteo picked off a Mitchell pass.

Sanders scored his third touchdown of the game from seven yards out to up the Norsemen lead to 28-7 at halftime.

Sophomore tackle Lenny Sexton replaced Sanders in the third quarter and scored on a 10-yard run as NEO moved 57 yards in nine plays. Manning’s extra point created a 35-7 Norse lead with 6:27 left in the third quarter.

“We’re playing some awfully good kids, boys and a couple of kids coming around,” Loyd said.

Sophomore punter Bobby Crawford had a punt blocked by Cisco defensive end Rich Schlaffer to set up the Wrangler’s final touchdown.

Linebacker Claudio Douglas recovered the loose ball in the end zone as Cisco cut the Norse lead to 35-14 with one minute in the third quarter.

Going 57 yards in 6 plays, the Norsemen put the game out of reach on a three-yard run by Sanders creating a 42-14 score.

“The condition of the field was ideal for our style of running. Not only did he get a good game, but somebody up front has to be blocking,” said Loyd.

Sophomore fullback Zack Leonard, who was sidelined with a deep hip bruise, came off the bench and scrambled for a 42-yard run before scoring on a one-yard touchdown run. Manning’s point after ended the scoring for NEO.

Veteran quarterback Ben Ratzhet left 5 of 10 passes for 82 yards.

Sophomore wide receiver Steve Sajics and Chauncy Aiken led the receiving corps as Sajics hauled in a 15-yard pass and Aiken had two receptions for 27 yards.

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Rader emerges as team leader

By Chad Grobbels
Sports Editor

A performer who is likely to win is the way head coach Mike Loyd describes sophomore tight end Brandon Rader.

"Brandon is a big play player who likes to win. He always plays hard and is a competitor," said Loyd.

"He is a big play guy who had a big 4th-down-and-8 catch where he went 35 yards against Air Force and in the Mineral Water Bowl game last year against Butler County he had a key 17-yard catch to set up the winning score," said Loyd.

Rader has been a starter at tight end for two seasons for the Golden Norse and has caught 30 passes for 203 yards and one touchdown so far this season.

Rader was third on the team last season with 12 catches for 182 yards and a TD.

Rader came to NEO from Kader where he was a standout running back.

One would think that coming from a small school there wouldn’t be much change from Class A football to the college level.

"There were no real major adjustments from high school in college that all players don’t go through. Football is football. It doesn’t matter what level it is," Rader said.

One disadvantage that Rader saw was that Division I schools were afraid to go after a small school player because of the competition factor.

"All of the scouts I talked to wanted me to go to NEO to get experience and work on my game," said Rader.

"Brandon came here as a walk-on but we moved him to tight end because he had a shoulder injury," said Loyd.

One of Rader’s assets is his leadership abilities. He is a vocal leader on the field and off.

"I think one is my job to get the people pumped up on the sidelines. I think emotion is a big part of the game," said Rader.

Rader started out as a two sport star at NEO. He played centerfield for coach Rick Ritschel’s baseball team which advanced to the semi-finals of the Junior College World Series in Grand Junction, Colo., in 1993.

"I plan to play both sports when I go to another college. If I don’t work out that way, then fine, but I like both equally. That is a problem deciding for me which one to play," said Rader.

"The most important thing is that I stay in school. I know I want to get my education no matter what else happens.”

"It’s a goal of mine to be better in every way. I want to be the best in every way in the future. What I have in school will help me out in football and in life. I’m not trying to get better in school, I’m trying to get better as a person, which will help me become a better football player," said Rader.

One goal remains unconsummated for Rader, and that is the Golden Norse.

"I think we’ll get to play Trinity Valley for the National Championship," said Rader. "I think we’ll get to play Trinity Valley for the National Championship. I think we’ll get to play Trinity Valley for the National Championship. I think we’ll get to play Trinity Valley for the National Championship. I think we’ll get to play Trinity Valley for the National Championship.

"I want to graduate from OBU and then go on to the NFL."
The Norsewind – the NEO A&M College Newspaper

Digital copies of The Norsewind, Northeastern Oklahoma A&M College’s student newspaper, are available in .pdf format on the NEO website for non-commercial purposes only. Scans were created using the best available editions through the assistance of the Oklahoma Higher Education Historical Society from microfilmed images. Where stains, color-fading, contributed marks or ripped pages were visible on the original, they also appear in the digital copy. NEO newspaper editions that do not appear on the website are not part of the collection at present. If you would like to donate a missing, damaged or incomplete copy of The Norsewind, please contact the NEO Library.