American Brand Math Day attracts high school students

By Tonya Cowell

More than 20 area junior high school students will participate in the first annual American Brand Math Day, Thursday, March 10 on the NEO campus.

Approximately 350 students will compete in a half-day event held in conjunction with the science fair. Those who opt to compete in higher education, this event is fully funded by an outstanding alumni, Mr. William I. Allred, and John Lonix, head of the math department.

Schools are placed into three different divisions. Each division is based upon the size of the school. Students will be allowed to compete in one of the following mathematical categories: algebra I, algebra II, geometry, trigonometry, and a new fifth test advanced mathematics.

Each participant will be required to take a 40- minute exam. These exams are designed to test the participants mathematics skills," said Lonix.

Construction projects enter preliminary phases on campus

By Kathy Wysocki

Students might notice some minor inconveniences throughout the school year as members of the college maintenance department and other construction workers complete projects that are funded through a $2.4 million bond issue.

"Basically, we hope that people understand that when you have construction in progress, there's going to be inconveniences," said Tom Pote, Vice President for Fiscal Affairs. "It's going to require some new techniques and some interfacing of ideas and procedures that we've not used before.

"We ask people to remember that sometimes the work will be done during the school day, sometimes over the weekend, and sometimes after school during the week." Pote said.

During the 1993 Oklahoma legislature session, a capital improvement bond issue was passed and NEOL's allotment totaled $2.4 million. The overall bond issue has been divided into three phases, with each phase to be completed within a 2-year time period.

The first phase involves placing the new energy management systems and air conditioning upgrades in the Fine Arts Center, Copeland Hall, Sunset Hall, Armitage Hall, and the Greek Library Administration building.

"Most of these units are in excess of 25 years old and have become energy hogs. Our objective is to use more energy-efficient units plus put new energy control systems in where we can monitor them," said Pote. "We want the capability of being able to start up and shut down various types of air conditioning and heating units when a building is not in use.

A contract in excess of $200,000 has been let to ACE Service Company.
Black history covers several stormy decades

By Dandal Moore

Guest Writer

You ask yourself: “Why do African-Americans have Miss Black America, why do they have black colleges, why do they have Black History Month?” Black History Month’s purpose is to help you and I learn more about blacks, other than slavery.

To learn about other African-American leaders, besides people like Martin Luther King Jr. or Malcolm X.

What about William Tefner, the first Negro child in America; John S. Rock, the first Negro to practice law before the U.S. Supreme Court in 1855; or Benjamin Lawton Hewlett, the first black commissioner appointed to the Federal Communications Commission.

America becomes “in living color”

America is now shown as living color. We are no longer living in a world of black and white. Prejudice is being allowed to stand in the way of progress. A progression of a better way of life for blacks, as well as whites, should be on the American agenda.

Not one person has control over the color of the skin at the time of their birth. Each and everyone of us has a right to be proud of our heritage.

We hear the Afro-Americans on our campus call each other names that would start a fight if a white person called them the same thing.

We hear whites call each other names that would make anyone mad.

This is fine, except that it makes a difference of what color of skin the names carry.

This is prejudice on both sides. History started it and modern times is carrying it out. We all live here. Never one race is planning on moving all of “those people” out of this country.

We were a divided country during the Civil War. The bloodstained war was, with brother against brother. Have we learned anything from our past?

We are “one Nation under God” and united we stand, divided we fall.”

We have learned the hard lessons.

Let’s all do honor to our black and white ancestors who fought and died for our freedoms and our rights.

We have respect for all mankind. If you are prejudiced, white or black, you can keep dignity for yourself by showing moral, respect for each other.

School spirit crucial part of college life

Remember in high school when your team would play and the crowd would be hyped up and the energy from the crowd seemed to spell out in the air?

What happened to the keeling of school spirit?

The Golden Norseman were ranked number one earlier in the season, but the support from the fans would have you thinking they were college dwellers.

The problem is not at the game. When we hosted Connors State Monday night in the final home game. There was an overflow crowd.

Commentary

But it’s not enough for there to be people in the stands who just sit there and don’t participation by cheering and yelling at the top of their lungs.

Just because every trip down the floor isn’t a slam dunk, doesn’t mean that we shouldn’t cheer.

When we fell behind against Connors in the men’s game, people just sat there and engaged in idle chatter instead of trying to generate something for the players to rally around.

Our cheerleaders and band were working themselves to death trying to get a response. But the only cheers were coming from the 25 Connors State fans.

I don’t know about you, but I thought that the players for Connors State were very rude and obnoxious.

Shouldn’t that alone be driving force for the fans to cheer the home team on?

Commentations must go to the cheerleaders, Norse Stars and the older fans who do seem to be decently ones cheering throughout the ballgame.

Our season isn’t over. We go to Brown on Monday. Make the trip and get involved.

Norse Wind

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Opinions expressed in the Norse Wind are not necessarily those of the editors, faculty, staff or administrators at Northeastern Oklahoma A&M College. All letters to the editor are approved by the Editorial Board. Opinions expressed in the by-line letter are those of the individual writer. All submitted letters must be signed. The staff reserves the right to edit all copy to conform journalistic.

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Thomas Love

Sophomore, Tulsa

“Every day this month we learn something new about someone.”

LaTricia Thomas

Sophomore, Tulsa

“It taught me a lot about black people I didn’t know.”

Wylan Terrell

Sophomore, Muskogee

“Good to see black folks gettin’ along better.”

Kenya Scroggins

Sophomore, Tulsa

“Every day this month we learn something new about someone.”

Sean Wright

Freshman, Ardmore

“It makes me proud to be an Afro-American.”

What does Black Heritage Month mean to you?
Some bad habits tough to break

By Kathy Wylick

Lifestyles

Bad habits can be very hard to break.
Most habits are physically addictive and make people feel uncomfortable craving.
We all know cigarette smoking is bad for us. It's been thrown in our face for many years now, through all types of media.
It harms our heart, lungs, etc. and causes disease.
Yet, many people are still smoking.
Most smokers would like to quit,
but our cravings know us as until they are satisfied.
We know about the health risks and how the one just keeps going higher.
The remark, "You don't have to smoke to get cancer," is correct.
But, when you smoke, you chances of it are considerably higher.
I'm a smoker and I've made this remark myself, but deep down I know it would be better if I just quit. I know it is easier said than done.
Even cutting down on smoking is better than not trying anything at all. It might be tough to start, but it does get easier as you progress.
You get off track while trying to slow down or quit, don't give up just pick up where you left off and try to do a little better.
Make up rules you can stick to. Don't make yourself get stressed out. Just take it one day at a time.
Pay attention to how often you light up. Make your wait longer periods of time between cigarettes.
Allow smoking in one room only. Or even outdoors only.
Smoke half a cigarette instead of a whole one. Time yourself with this also. Later, cut that down to two puffs at a time.
Keep cigarettes and ashtrays inconspicuous. Put cigarettes in one room, ashtrays in another, and your lighter in yet another.
Try keeping all paraphernalia out of sight.
Set a daily quota of how many cigarettes you will allow to yourself for one day.
Try not inhaling every other time you smoke. You get a little taste of the cigarette and not as much nicotine.

Herpes becoming a health problem

20 million people affected by contagious disease

The best guess of authorities is that over 20 million people in the United States has herpes.
If each of these individuals has sex with one person that means over 40 million people are coping with herpes in one way or another.
Experts generally agree that telling another person you have herpes is the second most frightening thing about it.
The first is finding out you have it.
What causes herpes? The same thing that causes other sexually transmitted diseases, [STD] including AIDS. Unfortuately, this sexual intercourse with multiple partners.
This doesn't mean you are safe if you have sex with one person. That one person might have sex with two other people. That means you are actually "sleeping" with one person, but having sex with three.
Then you might even figure that those two other people might be having sex with one person besides the one you are sleeping with. That means instead of one person, you're taking risks with five other people.

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Douglass championed Black movement
Became known as a great speaker

Father Douglass
President Washington

People

Douglass's career as an abolitionist and orator began in 1832. As a recent graduate from the University of Michigan, Douglass became a lawyer and worked for the Underground Railroad. He helped slaves escape to freedom in the Northern states and became an agent for the Massachusetts Anti-Slavery Society.

Douglass's speeches in the northern states and his work for the Underground Railroad did not go unnoticed. In 1847, Douglass founded the Freedom's Journal, one of the first African-American newspapers in the country. He used the newspaper to promote the cause of abolition and to raise funds for the movement.

Douglass also helped found the American Anti-Slavery Society in 1840. He served as its president from 1841 to 1843, and from 1846 to 1847. During his tenure as president, Douglass worked to increase the society's influence and its membership.

Douglass's work as anabolitionist was not without controversy. He faced opposition from those who opposed the spread of abolitionism, and he was often targeted by南方奴隶主和他们的同情者. Despite these challenges, Douglass remained committed to the cause of abolition.

In 1852, Douglass delivered his famous speech, "The Child's Wrong," in Rochester, New York. The speech was a powerful call to action for the abolitionist movement, and it helped to galvanize support for the cause.

Douglass continued to speak out against slavery and to advocate for the rights of African-Americans. He was a key figure in the abolitionist movement, and his work helped to pave the way for the eventual abolition of slavery in the United States.
Sports

Veteran guard directs Lady Norse offense

By Chad Grubbs

Sophomore guard Allison Marrs (14) attempts to penetrate the defense in a recent game against Washburn. Marrs scored 10 points in the game and is averaging 9.2 points per game.

Marrs is a key player for the Lady Norse, leading the team in assists with 25. She is also averaging 8.4 rebounds per game and is a solid player at both the guard and forward positions.

"We are a very good defensive team," said Marrs. "We are able to shut down our opponents and create turnovers."}

Softball season starts in March on home field

Coach Woody Mornor's Lady Norse softball team is off to a strong start this season. The team has won three out of four games so far, and is currently ranked third in the region.

Mornor said, "We are off to a great start and we are looking forward to a successful season."}

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Sports

Norse end regular season at Poteau

Fall to 14th following two straight losses

By Chad Grabbe

After hanging around the top five in the junior college rankings all season, the Golden Norsemen slipped to 14th in the weekly National Junior College Athletic Association poll released Tuesday from Colorado Springs, Colo. The rapid recent decline following two straight conference losses at Easterns and against Connors State.

Coach Lonnie Spencer's Norsemen entered Thursday's game in Fort Smith, Ark., against Westark Community College with a 23-4 overall record and 5-1 in the Bi-State East.

The Golden Norse will conclude the regular season Monday with an 8 p.m. conference game in Poteau against Carl Albert Community College.

Pairings for the Region II Tournament scheduled March 5-9 in Tulsa will be decided next Friday. Connors-Til Golden Norse 66  Coach Bill Moore's sixth-ranked Cowboys completed a two-game sweep of the Golden Norse with a 71-65 victory last Monday in the NEO Fieldhouse.

With the win, the Cowboys improved to 23-3 and 7-2 in the Bi-State East. After jumping out to a one-point lead with 12:50 to go in the half, the Norsemen relinquished the lead on a Paul Banks jump shot with 11:47 to go in the first half. A balanced scoring attack led the Cowboys to a 9-point halftime lead by a 37-28 score.

"We're not shooting the ball well. We're struggling, and when that happens you lose your confidence and it becomes a vicious cycle," said Spencer.

We certainly played well enough defensively to win the ballgame, but we're not executing on our half-court offense. We're making very poor decisions," Spencer said.

Ray President led the Golden Norse with 10 points and Tweet Edwards and Kevin Lencoford delivered 15 and 11 points respectively.

Cyris Jones and Banks led the Cowboys with 15 points each and Sammie Halsey had 12.

President broke his own school record with nine blocked shots.

Easterns-Til Golden Norse 67

Following a 20-0 run by the Mountaineers, the Golden Norse were never able to recover on the way to a 75-67 loss last Thursday in Okemah.

NEO jumped out to a 17-8 lead before the Mountaineers went on their run to take a 30-17 advantage.

The Norse made several runs but never could get over the hump as the Mountaineers shot 51 percent from the field while the Norse could only manage just 38 percent.

Season Reed led the Norse with 18 points while Chris Scott added 15 points and Kevin Lencoford scored 11.

Chester Johnson scored 27 points for the Mountaineers.

Women visit Lady Vikings in finale

Playing her last game at the NEO Fieldhouse forward, veteran Laneshia Byars broke her own school scoring record with 31 points as the Lady Norse defeated Connors State 96-83 on Monday.

With the victory coach Randy Gipson's fifth-ranked Lady Norse improved to 6-2 in the Eastern Division of the Bi-State Conference and 23-3 overall.

Following a regionally televised game at Fort Smith, Ark., against Connors, the Norse continued on Thursday, the Lady Norse conclude the regular season on Monday by playing Carl Albert.

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