Activities highlight ‘special week’

By James O’Neal
Managing Editor

Welcome to the Norseman Week, a special week filled with activities for students. The Norseman Week theme is the focus of this issue. The events are divided into different categories, including Homecoming, Band Camp, and Student Organizations.

Homecoming:

- **September 29** - Homecoming parade begins at 3:30 p.m. in the Fine Arts Center.
- **October 3** - Homecoming dance at the Fine Arts Auditorium.
- **October 4** - Homecoming game at 7 p.m. in the Fine Arts Auditorium.

Band Camp:

- **September 25** - Band Camp begins at 7 p.m.

Student Organizations:

- **September 27** - Student Senate meeting at 6 p.m.
- **October 3** - Student Senate election at 7 p.m.

Candidates prepare for pageant

By James O’Neal
Managing Editor

Twenty seniors are among the 30 candidates representing campus clubs and organizations. The candidates will participate in several activities throughout homecoming week, including a meet and greet with the judges. The pageant will take place on October 4 at 7 p.m. in the Fine Arts Auditorium.

Candidates competing for the queen's crown are: Ashley Moore, Messy Moore, LaTasha Clark, Jody Abe, Daphne Cowan, Tracy Holton, and Elizabeth Gibson.

Other students participating are: Lisa McCauley, Gretchen Nason, Nita Montgomery, Katrina West, Rachel N right, and Crystal Scott. The candidates are: Katie Noyes, Julie Elts, Jennifer Hopkins, Debra Moore, and Kristina Armstrong. Amanda Owen and Jennifer Yorkshire are also participating.

The pageant is free and open to the public. About 30 candidates will participate in the annual Homecoming parade, Saturday, beginning at 7 p.m. in Miami's main street.

The Norseman Week concludes with the Homecoming dance on October 4.

REPEAT QUEEN CANDIDATE

Crystal Scott, a sophomore from Tulsa, waves to the crowd as a queen candidate during last year’s Homecoming parade down Main’s main street. Scott will represent the Young Democrats organization in this year’s queen competition.
Tree planting on campus should cause reflection

Billy Bury
Editorial Editor

When past Russell Hatt recently couldn't help but notice the tree planted in memory of AIDS victims, this is a good idea as long as we define the term AIDS victim. The term victim implies vic- tims on the victims part. Anyone who contracts this disease through their own careless actions are not victims, but are causality. Homosexuals are not victims, neither are drug users who contracted this disease from their habits, nor are promiscuous individuals who contract or spread this disease.

Those individuals are causality, all are to be blamed, but not the least.

It is sad that we live in a world where these people have to suffer from this and we are yet to have a cure, it is also sadden that these people have this disease but they brought about this pain and suffering by their own careless actions.

It is even sadder when these individuals inflict pain and suffering on other people whose actions are also careless or through no fault of their own. I understand the need to mourn for these individuals but we also need to ask ourselves if we should shut these individuals for their careless actions or include these individuals with the true victims of AIDS in celeb- ration.

Correctness infringes on some freedoms

Billy Bury
Editorial Editor

I endlessly waiting ones mind is one of the biggest societys that can be committed in nature. It seems that is what's happening today on campus. Hundreds of people are walking around waiting for someone to make up their minds and tell them what to think.

What a crime it is to ask a college student to form their own views and opinions without first giving them a list to choose from.

Some students are constantly jumping on new band wagons every week or finding a new cause to support only for a while until it no longer becomes chic.

It would be a shame to ask anyone to stick to their con- to sticking to their con-

Norse Wind

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Opinions expressed in the Norse Wind are not nec- essarily those of the students, faculty, staff or administrators at Northeastern Oklahoma A&M College. All letters to the edi- tor are approved by the editorial board. Opinions expressed in the byline are those of the individual writer. All sub- mitted letters must be signed. The staff reserves the right to edit all copy to conform to journalistic standards.

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Smoking is a health risk

Several illnesses arise from tobacco usage

Henry Gann
Features Editor

Smokers of tobacco or marijuana are doing serious damage to their bodies.

Smoke contains venomous substances, most of which are poisons. Tobacco contains nicotine as well as other substances.

Tobacco, both smoked and smokeless, is the leading cause of cancer of the lungs, mouth, throat, and tongue.

A one pack-a-day smoker increases his/her chances of cancer of the oropharynx by as much as 500%.

Nicotine is a powerful constrictor of small arteries leading to insufficient oxygen supply to the heart and possible heart attacks.

Smokers have a 100% increased risk of developing cancer of the pancreas, three times the risk of bladder cancer and a 50% greater rate of kidney cancer.

Smoking causes the lungs to become inflamed and congested. Chronic bronchitis predisposes smokers to emphysema, an incurable lung disease.

Emphysema is characterized by stretching and breaking of the tiny air sacs of the lungs, making them useless for breathing.

Cigarette smokers are ten times more likely to die of lung cancer than nonsmokers.

Smoking more than half a pack a day is associated with a higher incidence of infertility in women.

Smokers are generally caused by a combination of high blood pressure and smoking and are the third leading cause of death in the United States.

Marijuana, smokers may have an increased sensitivity to light, see distinctly, see "floaters," have double vision or image distortion.

Marijuana contains 50% more tar than tobacco and 400 other identified chemicals. Using 3-5 marijuana joints a week equals smoking 16 cigarettes daily.

Smoking one marijuana joint may cause increases in heart rate and blood pressure by as much as 50%.

Concentration of tar, carcinogens and chemicals from marijuana in the kidneys and bladder is associated with cancers in these organs.

Marijuana is a respiratory irritant that causes sore throat and chronic cough. Use of crack or cocaine may cause the respiratory system to fail.

The gonads, ovaries and testicles are high fat organs which absorb and hold more of the active ingredient in marijuana (THC) than most other cells of the body.

Marijuana use may result in poor transmission of nerve impulses. The result is impairment of speech, comprehension, memory, and sleep.

SMOKER'S RESpite

Students sit on benches located between the Bruce G. Carter Student Union and Shippy Hall and enjoy a smoke between classes.

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Campus maintenance department continues to tackle major projects

James O’Neal Managing Editor

Many projects are currently being tackled by the maintenance and custodial staff at NEO to make our college experience more pleasurable. There is a constant list of duties for the staff to fulfill day after day, ranging from touching up paint, to repairing leaky faucets.

The question may arise on how funds can be raised to pay for the many numerous projects that are being worked on at the moment.

According to Tom Poole, Vice President of Accounting Affairs, the college uses Section 13 funds of the Oklahoma Legislature to offset cap expenses.

“We receive half a million dollars for the college where $300,000 goes towards academic equipment, $100,000 goes towards transportation, and the rest will deal with projects and unforeseen problems in the future,” Poole added.

Poole stated that all of the funding for the repairs done to the dorms come from the student’s room payments.

Poole stated that the problems that need attention in the dorms, and stated that the dorms are just larger than a regular home.

“There are many mechanical problems occurring on campus, because of the simple fact that all mechanical things will eventually wear down,” Poole added.

Poole stated that there is also another appeal committed to the fund dispersed for numerous projects done on campus.

Poole stated that a campus master plan is controlled by the Oklahoma State Board of Regents.

“The repairs are in control of the section 13 funds,” Poole said.

In addition to the numerous projects that are being completed, there are many other projects that are scheduled for the future.

One of the most noticeable of the future projects is the restoration of the fountain located in the center of the NEO campus.

Poole stated that “the fountain is 25 years old, and this is the first time major repairs have been needed.”

Poole estimated that restoration would begin in about two months or so.

“The appearance of the fountain really helps the campus,” Poole said. He added that “we have high skilled individuals in the maintenance and custodial areas.”
League opener...

Norse corral Rangers

By John Pinnell
Sports Editor

Holding the Southwest Junior College Football Conference leading passer and
rushing in each of the last two games, the Golden Norsemen opened conference play last Saturday
with a 20-12 victory over Ranger Junior College.

With the win the Golden Norse remain in fourth
place in the conference.

The Golden Norse fell behind after Ranger
scored on their first possession.

Pinning Ranger deep in their own territory
and causing them to punt, the Golden Norse were able
to return the punt for a touchdown.

Sophomore tailback DelShawn English scored on
a 30-yard run as the Norsemen opened their first game of their third series.

Matt Reeves kicked the extra point to tie the
score at 7-7 with 2:26 left in the first quarter.

"I was real pleased with our ground game. We
were able to line up and run right at them even
though they blitzed us some," said Norsemen head coach Dale Patterson.

The Golden Norse defense scored for the third
consecutive game on a scoop-up fumble recovery by strong safety Robert Carter.

Carter dashed 45 yards down the sidelines for a
Golden Norse touchdown. The Golden Norse kicked
the extra point conversion attempt and led 10-7
with four minutes until halftime.

"One of the things I was disappointed about in this
game was our lack of concentration in doing the little
things. We were in the game 80 to 90 percent of the
time, but we let down and botched an extra point on
a couple of times and it cost us two points near the
two-minute mark," said Patterson.

Ranger had the latest scoring opportunity of the
tournament, driving to the Golden Norse 18-yard line with 1:17 left in
the second quarter. Reeves kicked the field goal attempt
and missed with 9:48 left before Garcia hit a 48-yarder with 7:24 remain-
ing.

Unable to launch an offensive threat, both teams
replaced their quarterbacks in the fourth quarter.

Freshman quarterback Sheredis Roberts replaced
veteran Andy Collier for the Norsemen and guided
the Golden Norse on a 60-yard drive in 10 plays.

The game ground to a halt on five minutes of the game
timelapse Cody Santos scored on a 14-yard run with just 30
seconds left in regulation.

Santana scored 49 yards on seven carries
during the drive.

On the extra point attempt Ranger blocked the
kick by Reeves and cornerback James Polk picked
up the loose ball and scored a two-point safety to
create the final score.

"I was disappointed in our passing attack, I
thought Andy had an off day, so we decided to let
Sheredis have a shot. Andy is our starting quarter-
back and I didn't all his fault. We had three or four
dropped balls, two of which would have been touch-
downs," said Patterson.

Ranger's ground game generated 291
yards on 27 carries which included 211 yards on 22
carry by English and 61 yards on 12 carries by
Sheredis.

The Norsemen defense held Ranger to 121
yards on 23 carries by English and 61 yards on 12 carries by
Sheredis.

Collier managed only 3 of 11 passes for a mere
42 yards without a touchdown or an interception.

While Collier went to the bench in the fourth quar-
ter, Conference-leading passer Ara Rauls was also
struggling. Rauls completed only 6 of 20 passes for
46 yards and one interception before giving way to
Stephen Brennan.

League-leading receiver Tacomia Fantaine was
held to four catches for 56 yards for the Rangers.

Veteran linebacker Donavon Lawless led the
Norse defense with nine solo tackles and three
assists. Sophomore linebacker Jeremy Howell con-
tributed seven tackles and seven assists.

"Our defense did a good job after they lined up
against us and ran right at us those first couple of
times. After all, we held three of the best players in
the conference to sub-par performances, so that
isn't too bad," Patterson said.

NO YOU DON'T

Southwest Junior College Football Conference leading running back Chris Tate is hauled down by Golden Norse linebacker Donavon Lawless and free safety Jose
Anderson after a short gain during a 20-12 loss last Saturday in Ranger, Texas. White Tate gained 102 yards on 27 carries, sophomore tailback DelShawn English
rushed for 211 yards on 22 carries and scored one touchdown in leading the Golden Norsemen to their third straight victory.

Photo by Larry Morgan
Apaches prepare ambush in Tyler

By John Fennell
Sports Editor

Hitting the road for the second conference game of the year, the Golden Norse look to defeat Tyler Junior College after losing to them 31-28 in last year’s meeting.

Both the Golden Norse and the Apaches are heading into the game with a 1-0 record in the conference and a 3-6 record overall.

"This is a big game. Both teams are undefeated in conference play," said Golden Norse head football coach Dale Patterson.

"We have to go down there and not miss our assignments. In the first three games, we played well at times but at other times we didn’t," Patterson said.

The Golden Norse defense, that has only allowed 12 points to Ranger, and has scored points in all three games this year, will continue to pressure the Golden Norse before they can hit the open field.

"We have to stop their offense, they have two backs that run over 100 yards against Blinn and we can’t let them run on us," said Patterson.

Starting at the defensive ends for the Golden Norse will be sophomore Eddink Brooks (6-4, 247), Houston, Texas and freshman Matt Henon (6-2, 210), Tuttle.

Looking to do some damage at the tackles will be sophomore Reese Truesdell (6-2, 267, Midwest City) and Richard McCalley (6-1, 256, Claremore).

Arching the linebacking positions for the Golden Norse will be Donovan Lawless (6-0, 215, Midwest City), J.C. Thomas (6-1, 235, Idabel) who is heading the conference with 43 tackles and one sack, and Jeremy Askew (6-2, 203, Calera). Starting in the Golden Norse secondary will be senior Jesse Nelson (5-10, 179, Muskogee) and Michael Stanescu (5-11, 185, Houston, Texas) who has picked up two passes. Also in the Golden Norse backfield at the safeties will be senior Nick Aikenson (6-3, 200, Lawton) and Robert Carter (6-0, 188, Tulia).

"Any big game when both defenses are good, you have to keep them offense off of us for the field," Patterson said.

"Heading the offense for the Apaches will be senior Jarred Sharron (6-11, 190)."

Laviness provides solid leadership

By Josh Maxson
Sports Editor

When the Golden Norse step on the field each weekend their leader according to head coach Dale Patterson is Donovan Laviness.

"Donovan’s main assets is leadership, being one of the defensive captains and the other players respect and follow him. He also brings emotion and enthusiasm to our team and that tends to spread throughout the whole team," Patterson said.

Laviness who came to NED from Midwest City where he played on two straight undefeated state champions.

His Senior season he was named Oklahoma defensive player of the year and also named to the All-State team.

He also wrestled his sophomore and senior years at high school, finishing runner-up in the state his senior year.

"I’m looking toward a degree in architectural engineering, it’s something I really seem to enjoy," said Laviness. "I am ready for the start of school and Laviness has taken off."

"I was injured early on last season and wasn’t playing as much, but because of injuries I was able to start when I was able to produce," said Laviness.

Laviness said, "Looking to ‘97 Laviness will try to lead a defense looking to make a name for itself. "This defense has got to go out and play to its capabilities," said Laviness.

With the Tyler Apaches on the horizon the Norsemen are looking to the turning point of the season this weekend.

"We have a lot of players on this team who live for big games, hopefully we can put it together and have a good game," said Laviness.

"Essentially is the key to our defense if we come out ready to play our defense feels it can dominate," said Laviness.

After three games Laviness is once again leading the Norsemen in unsatellited tackles with 28 and second in assists with 13. He also has recorded one sack for a loss of 2 yards.

Laviness knows that it will be a long hard season in the Southwest Junior College Conference.

"I think playing the tough teams week in and week out will be a plus for us, getting ready for the post season," said Laviness.
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