Mid-term graduates listed

By Sara Livingston
Managing Editor
Sixty-five students completed the program requirements to receive an associate in arts or a associate in applied science degree.

In order to receive their associate degree, students must have completed at least 42 credits; in some cases, students may receive their associate degree with 36 credits.

Ohio State students and their hometowns are:

- Allen: Bryan Abbott and Linda Morrison
- Cleveland: Patrick Ellis
- Elyria: Skyra Mills
- Grove: Tim Owens, Miranda Weis, Los Almard, Kimberly Darsnport, Kelly Crawford, Teresa Desh, Tana Nis and Mike Ward
- Hominy: Jamee Jones, Janell, Jerry McPhail, Madalyn Wilkie, Michelle Theiss, Robert Austin, Mandi Ferguson, Jason Flate, Ken Loffland, Henry McNeil, Erin McNair, Sara Price, Courtney Swaffel, Roba Tynes, Stephanie Fuller, Jason Wright, Anika C. Cifci, Mindy Gerber, Romeo George, Kimberly Gower, Bonnefer
- Kambrai: Alene McDonald, Cynthia Malve, Kimberly Francis, James Shawer, Louis Someranto and Lisa Walter
- Maryland: Daisy Johnson
- Oklahoma City: Rhonda Eulien and Monica Wells
- Paul Valley: Rachel Jackson
- Pickerington: Joshua Williams, Quanqua, David Turner, Tabitha Phend, Richard White and Lori West
- Visalia: Bobby Hollinggrass, Heather Ramey, William Daugherty, Tara Lysaght and Jason Long

- Welch: Joseph Cox, Wyanette: Harold Beck and Joe Graud
- Wynnwood: Joshua Kay

- Out of state students are:
  - Arrowhead, Max: Tom Bayesian, Akron: Amy: Matthew Fields
- Buckhead: Ark: Denna Cheek
- Joplin: Ms: Dawn Anderson
- Nevada, Ms: Seth Harold and Justin Ogilby
- Pemaquid: Ms: Doshan English
- Sulpher Springs, Ark: Jeff Amy

-around Campus this Week

**MONDAY**

- **25** Students are invited to pick up an application for Who’s Who Among Students in American Junior College from any of 60 faculty members. Applications are due Friday, Feb. 3, at 4 p.m.

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**TUESDAY**

- **26** Students are invited to attend the free "Noonday" lunch starting at 12:15 p.m. at the Baptist College Ministry located just north of the main campus.
  - Everyone is invited to attend the Baptist College Ministry Revival scheduled to begin at 7 p.m. in the BCN building located just north of the main campus.
  - The Revival will feature music and good fellowship for all denominations.

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**WEDNESDAY**

- **27** The Baptist College Ministry will host a free breakfast at 7:30 a.m. in the building located just north of the main campus.
  - Christian Student Fellowship will host "Tea Time on the Roof" at noon in their building located at 106 B Street Northeast. The alumni-sponsored lunch is free.

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**THURSDAY**

- **28** The Baptist College Ministry will host a "Noonday" beginning at 12:15 p.m. in the building located just north of the main campus.
  - The Christian Student Fellowship will host Lunch at noon in their building located at 106 B Street Northeast. Students are encouraged to pick up an application for Who's Who from any faculty member on campus.

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**FRIDAY**

- **29** Everyone is invited to attend the Christian Student Fellowship Movie Night, starting at 7 p.m. in the CSS building located at 106 B Street Northeast.
Stressful situations arise with start of new semester

By Mindy Fleming

Students experience different types of stress daily. Stress is caused by a number of things in the student’s environment that surface when we are trying to get back in the swing of things for the spring semester.

Other situations that can add to the stress with students are family and personal relationship problems. When a student has a personal problem it is more difficult to concentrate on studying.

Students should realize that the college has a staff of well-trained professionals in the counseling centers that can help them deal with the stress of daily living.

From car payments to school books, college students are often faced with financial problems that put a strain on a student’s ability to either concentrate in class or to study afterwards.

This very nature of this college is to provide a quality education by featuring a faculty and staff that has the best interest of the student at heart.

So when you feel the walls closing in and are afraid of going to a counselor for help, go to your academic advisor or a teacher that you trust from one of your classes and ask for help. You can even contact the campus security or the food services people about a problem you are having.

Another method of stress relief works is to just take a day off and relax. Read a book because you want to, not because it is an assignment, or just hang out with friends.

Calling home just to hear the voice of mom or dad or high school friends sometimes ease the stress. Having someone close to you to talk to could make your day brighter and help relax your nerves.

The new daily routine for the semester may cause more bills, and leaving home back after a relaxing break, will take some time, but everything will fall into place.

Expect this semester to be a very good time for you. Work hard and at the same time play hard.

After all, you deserve it.

1998 top 10 news stories reflect roller-coaster ride and turnmoil

By Ashley Lay

The following is a list of the top 10 news stories for 1998 according to Associated Press poll.

1. CLINTON LEWINSKY. The salacious tale of President Clinton and former White House intern Monica Lewinsky united a nation in disgust. The trial focused on the Whitewater land deal, Whitewater exploits, President Clinton’s affair with Lewinsky, and Lewinsky’s lie that she never bathed with Bill. Then Special Prosecutor Ken Starr turned lie nation’s curiosity to secret tapes and grand jury testimonies. By year’s end, the House impeached Clinton for lying to a federal court and obstructing justice and sent it to the Senate for trial. Then Special Prosecutor Bob Livingston promptly resigned over his own extramarital affair.

2. SLUGGER RECORDS. The competitive baseball match between Mark McGwire and Sammy Sosa also challenged the national imagination. Even those not interested in professional sports felt impressed by their drive, courage, and grace.

3. GENEVA TREATY. The world’s viability threatened the U.S. economy. Leaders stopped fighting, the Federal Reserve cut interest rates three times. The stock market, after reaching record highs and peaking in mid-July, ended flat in the fall, causing alarm; it recovered by year’s end.

4. BULGARIA. First came Gege. The Septemberха Bulgaria plunged over 17 Caribbean islands, killing at least 400 people. As entire regions were covered by the massive flooding, Getya destroyed tourism income along with the basics. Varna McHenry reported through tears, amid ruins of her home on Antigua.

A month later, Mitchell announced Estimates of death range to 500 people. More than half of the families were from Honduras, where President Carlos Flores assumed loss of 50 years of construction of the country’s infrastructure.

5. IRAQ SHOWDOWN. All year Saddam Hussein defied international UN weapons inspectors. U.N. Secretary General Kofi Annan tried to avoid tensions by promising efforts to lift sanctions against Iraq. In September, the united states and Russia deployed forces to the Gulf. In October, they launched a simultaneous attack.

6. GOP SLIDE. In mid-term elections, Democrats made a 60-seat victory and highly visible gains at Congress and state elections. They narrowed the Republican majority in both chambers. Speaker Newt Gingrich was gone, and his seat, the House Majority Leader, was lost of focused votes, and his term at the congressional helm, was long and slow.

7. EMBASSY BURNINGS. The American population of some 450,000 who were killed in the American embassy, while a rioting talent destroyed the building.

8. 75-TH Anniversary. John Glenn returned to space 36 years after becoming the first American in orbit. In between, he spent 24 years representing Ohio in the Senate. A national hero and parable, his celebration of New Concorde commemorated his courage as it had in 1962. “It takes a lot of nerve, I like to shape a deep space into an airman,” said John Hall, among the Main Street greats.

9. SMOKE CLEAR. No more billboards with a relaxing puff, no more cartoon ads, no more brand-tipped merchandise. Tobacco companies pledged in November to pay a $206 billion that all states agreed to a November deal with 46 states—the largest court settlement in U.S. history. Over 25 years, cigarette companies will pay $206 billion to help health care related to smoking.
Dorm parent returns to educational roots

By Mindy Fleming

Imagine being in the dorms as a student. The pressures of school and living on your own can be overwhelming. However, for one parent, it has been a way to reconnect with her roots and find a sense of belonging.

Vicki Stokes lives in an apartment in the Vanier dormitory. Stokes recently became the Vanier dorm director.

"I oversee all of the students and handle housing, meals, and activities," Stokes said. "I love getting to know all the residents and helping them navigate their way through college life."

Taking on the role of dorm director has been a significant change for Stokes. She said the most rewarding part of the job is being able to support the students and help them achieve their goals.

"I love being able to provide resources and guidance to the students," Stokes said. "I want to help them succeed and feel supported throughout their college journey."
Sleep deprivation bothers students

By Molly Fleming, Unicoi Times

Most college students suffer from sleep-deprivation. A good night’s sleep is essential to having a productive day. Most Americans don’t get as much sleep as needed. Results in a good night’s sleep varies from person to person.

One suggestion is to keep regular sleeping hours. This keeps your biological clock in sync. Try to get up and go to sleep around the same time. If a person gets up early on Friday and sleep late on Saturday, it is likely to have trouble falling asleep Sunday night as your body clock struggles to regain equilibrium.

Another tip is to exercise regularly. A thirty minute walk or jog three or four times a week might help people fall asleep faster.

Cut down on stimulants. Coffee, tea, or certain medications may interfere with sleep. Studies have found that heavy smokers awaken more times in the middle of the night than non-smokers.

Go for quality, not quantity. For example, six hours of sleep might make the person feel more rested than eight hours of light sleep.

Set aside a planning or worry time earlier in the evening instead of when you are laying in bed.

Staring or being restless could keep you tossing and turning.

Developing a sleep ritual is another suggestion. Children often benefit from repeating the calming sleep ritual. Adults may also benefit from a ritual. For instance, reading a book, taking a warm bath or listening to music.

MANGLED WRECK

The remains of the Baptist College Ministry Ford van rests in a salvage yard after the vehicle was involved in a near-fatal accident. Twelve members of the Baptist College Ministry were on their way to Mexico for Christmas mission work when the van rolled off a slick highway in south Texas.

Co-director seriously injured in van accident

By Sara Livingston, Monroe Daily

A mission trip to Mexico over the Christmas holidays planned by the Baptist College Ministry was cut short following a van wreck that caused co-director Bobby Lipscomb to suffer life-threatening injuries.

Accompanied by his wife, Dr. Debbie Lipscomb, and his son, Casey, Bobby was in a 15-passenger Ford van when the accident occurred on Jan. 2 in Mathis, Texas.

Also riding in the van were NEO students, Tiffany Levan, Grove; Tiffany Bull, Wyandotte; Andrew Nelson, Branson, Mo.; Roberta Boys, Atoka, Paulette Brown, Atoka; Derek Crawford, Miami; Jason Harpel, Moore; Nathan Hanks, Coweta; and three other people from the Lake Center Baptist Church.

Immediately after the accident CPR was administered to Bobby Lipscomb by his son while awaiting the ambulance.

Lipscomb was in critical condition for two days. The students were taken to Waco by a church in Corpus Christi. From there the students were picked up by a church in Grove and then taken home.

“I am fully convinced that prayers saved my husband’s life,” said Dr. Debbie Lipscomb, co-director of the Baptist College Ministry.

“When we arrived at the hospital the doctors were expecting paralysis after his two day stay in ICU. They had diagnosed Bobby with a spinal cord concussion,” Bobby Lipscomb returned to work at the Baptist College Ministry on Monday, Jan. 8.

“We want to thank NEO faculty and staff for being supportive through all of this,” said Dr. Debbie Lipscomb.

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Ladies host Carl Albert in league debut

Trying to find some consistency on both ends of the court, coach Loren Spencer’s Northern open competition in the Eastern Division of the Big State Athletic Conference on Monday in the NEO Fieldhouse.

The Golden Norsemen entered Thursday’s game at Murray State College in Tishomingo with a 12-13 overall record.

NEO will face Carl Albert College at 4 p.m. Monday before hosting Conejos State College at 8 p.m. Tuesday.

Northern 72-Crocker 51

Unable to hold an 18-point lead with just seven minutes remaining in the ball game, the Golden Norsemen suffered a 72-51 loss to Northern Oklahoma College last Monday in the NEO Fieldhouse.

"We played very hard for 33 minutes, but we self-destructed down the stretch," said Spencer. "It was our own fault, we didn’t finish the ball game in which we deserved to win. We missed shots, we rebounded them, we missed our free throws and we had too many turnovers..."

Photograph by Delores Wachter

TRAPPED

Ladie Norse freshman forward Amanda Thompson (23) is trapped along the base line by Northern Oklahoma College defenders Jennifer Williams (32) and Maranan Lewis (21).

Ladies host Carl Albert in league debut

Northern 72-Crocker 51

Unable to hold a 13-point lead with just seven minutes remaining in the ball game, the Golden Norsemen suffered a 72-40 loss to Northern Oklahoma College last Monday in the NEO Fieldhouse.

"We played very hard for 33 minutes, but we self-destructed down the stretch," said Spencer. "It was our own fault, we didn’t finish the ball game in which we deserved to win. We missed shots, we rebounded them, we missed our free throws and we had too many turnovers..."

Photograph by Delores Wachter

TRAPPED

Ladie Norse freshman forward Amanda Thompson (23) is trapped along the base line by Northern Oklahoma College defenders Jennifer Williams (32) and Maranan Lewis (21).
High school tourney attracts 78 teams for 96-game marathon

Now champions were in the field of 78 teams as the nation's largest high school invitational basketball tournament tipped off a three-day run on Thursday.

Celebrating its 54 years, the Northeastern A&M High School Basketball Tournament continues today and Saturday in seven area gymnasiums.

NEDIs leaders are admitted free of charge to any gymnast throughout the tournament with a valid NED B card.

Gym sessions during the tournament include the NED Fieldhouse, the intramural gym, the Miami Civic Center, Miami High School, Will Rogers Middle School, Commerce High School, and Quapaw High School.

The afternoon sessions at each gym start at noon while the evening sessions are scheduled for 6:30 p.m.

The championship games on Saturday will begin at noon in the NED Fieldhouse and at 10:40 a.m. in the civic center.

Among the teams participating in the tournament are 40 boys teams and 38 girls squads. The number of teams participating is two less than the 80 teams during the 1998 tournament.

Long recognized as the largest invitational basketball tournament, the 1998 edition featured a record 81 teams competing in 12 brackets.

The only 1998 champion that did not return to the tournament was the girls team from Bluejacket.

Springfield (Mo.) Central is shooting for a third straight tournament title in the Boys Blue bracket. The Bulldogs defeated Shunn Springs, Ark., 75-56 last year and returned to Tulsa to capture the first title.

The championship game of the 1997 tourney was between Victory Christian and NED.

Victory Christian was victorious, 65-53, for the 1997 title.

Other girls' champions returning to the NED Invitational Tournament are Carthage, Mo., West Fork, Ark., and Midwest Lower.

Golden Neds' guard Jon Mahan (4) battles Northern Oklahoma College forward Jim Banks (3) for a loose ball during a 73-66 loss to the Mavericks on Monday at the NED Fieldhouse.

Tournament brackets:

Boys Blue:
- Tulsa East Central
- Springfield (Mo.) Central
- Shunn Springs, Ark.
- Victory Christian
- Midwest Lower
- Missouri Western

Boys White:
- Rust Valley, Ark.
- Springfield (Mo.) Central
- Midwest Lower
- Victory Christian
- Southwest Christian

Boys Gold:
- Miami
- Miami Christian
- Miami Valley
- Miami Christian

Boys Silver:
- Oklahoma City College
- Oklahoma City
- Oklahoma City College
- Oklahoma City College

Boys Red:
- Fort Smith, Ark.
- Fort Smith, Ark.
- Fort Smith, Ark.
- Fort Smith, Ark.

Girls Blue:
- Tulsa East Central
- Midwest Lower
- Carthage
- Victory Christian
- Springfield (Mo.) Central

Girls White:
- Miami
- Miami Christian
- Miami Christian
- Miami Christian
- Miami Christian

Girls Gold:
- Midwest Christian
- Midwest Christian
- Midwest Christian
- Midwest Christian

Girls Silver:
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.

Girls Red:
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.

Girls Black:
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.
- Ft. Smith, Ark.
The Norsewind – the NEO A&M College Newspaper

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