Homecoming activities set
Student participation is crucial

By Mindy Fleming

Bears will rise,Bears will rise.
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Thirty-five queen candidates representing various campus clubs and organizations will have a dinner, a 7 p.m. cation by T.J. Mow in Jasper, Mo.

A free dance will be held at the Student Activities department, scheduled for the week of September 27 through October 2.

Pajama Day will kick off the week-long activities on campus. All students are encouraged to wear some form of sleepwear to classes. A Baby Bottle Contest will be held at noon on the main floor.

The queen candidates will participate in a rehearsal on Wednesday at 4 p.m. in the Fine Arts Center.

The annual Queen Pageant will start at 7:30 p.m. in the Fine Arts Center.

During the pageant, the judges will be located between the Golden Norse football field and the Lady Norse softball field.

More than 60 entrants are expected to participate in the annual Homecoming Parade scheduled to begin at 1:30 p.m. on Saturday. Participants will line up at north main starting at 1 p.m. Several floats and one high school band, along with the Golden Norse Marching Band, the Norse Stars and Golden Norse Cheerleaders will participate in the parade.

An Alumni Banquet will be held in the Bruce G. Carter Student Union Ballrooms starting at 5 p.m.

Students are invited to the traditional "Tailgate Party," sponsored by Student Affairs starting at 11:30 p.m. The party will be held in the north end of Robertson Field. Tickets for the party can be purchased at the north gate for $5 per person. Included in the meal are two hamburgers, chips and a drink.

Pre-game show for the contest between the Golden Norsemen and the Trinity Valley Cardinals will start at 7 p.m. The Outstanding Alumni selections will be introduced along with performances by the Golden Norse Marching Band and the Norse Stars.

The week-long activities will conclude with the introduction and coronation of the Homecoming Queen and court.

"If this is going to be a memorable experience for everyone, then people need to get involved and participate during the week," said Dr. Jim Askew, vice president of student affairs.
Gun control remains controversial

By John Calby

When will the violence end? One country is plagued with violence and crime. The United States has the highest crime rate than any other country in the world. That is because our judicial system is lenient than other countries. Also, the US is the easiest country to get a gun. On the news, incidents are shootings at schools, nurseries, and new churches. Last year in Littleson, Colorado, two disturbed high school students held other students hostage and executed many more. Shortly after that, there was a shooting in Atlanta, Georgia on September 13, a man murdered people at a church during the annual Mass at The Police meeting. What are the solutions to these problems? Congress wants to increase gun control. The problem is, there are over 200 gun control laws in exist, but no one enforces them. Interest groups, such as the National Rifle Association (NRA) do agree with gun control. The problem with the NRA is they believe in no gun control what so ever. I disagree with that. I do not believe civilian citizens should own assault weapons. People justify owning assault weapons by saying they need it for protection. A 12-gauge shotgun will do as much damage as an AK-47 when it comes to protection. Unless a hunter wanted to hunt deer using an AK-47, but I do not recommend that. The only gun control laws I will support is a ban on assault weapons. Other gun control laws will not work. Who would enforce the laws? If someone wanted a gun, they will get it, no matter what the age, as long as the money is good. Congress also wants to reduce violence in America by reducing violence in the media. That will not work either. The problem lies not with the media, but in the punishment. The courts need to start giving harsher sentences. People who kill others need to be in prison for the rest of their lives or should receive the death penalty. If a man commits murder, tie his hands and feet up to trees and quarter him. That will stop people from killing others. I sure would not want to have my arms and legs torn from my body. America needs to wake up and see that murder is not glamorous. Gun control will not prevent violence. It could possibly even be more. If a parent tells a child not to eat the cookie, the child will eat the cookie if he can get away from it.

Midway through fall semester class attendance takes a toll

By John Calby

Opinions expressed in the Norse Wind are not necessarily those of the students, faculty, staff or administrators at Northeastern Oklahoma A&M College. All letters to the editor are approved by the editorial board. Opinions expressed in the by-line letter are those of the individual writer. All submitted letters must be signed. The staff reserves the right to edit all copy to conform journalastically. Published every Friday, except holidays, at Northeastern Oklahoma A&M College, Miami, Oklahoma, 74354. The Norse Wind office is located in room 204 of Dyer Hall. Third class postage paid at Miami, Oklahoma, Members of the Oklahoma Collegiate Press Association.

One absence can determine a failing or a passing grade. In Freshman Orientation a homework assignment equals a day of absence. But what happens if someone has the flu or hurts themselves or has a personal problem where they can not turn in an assignment? Most teachers do not accept late work. I know this is not grade school anymore, but some students need an extra day for the one they missed.

Parents need to be stricter with their children. The best education is not from school, but at home. It can also be the worse. If a parent is full of hate, then likely the child will be full of hate. A lot of gun owners misinterpret the Second Amendment. It states that Americans have a right to bear arms. How much is too much? The writers of the Second Amendment wrote it to protect its citizens from the British invasions. Congress needs to amend the amendment to exclude assault weapons. I am not for gun control, I am against it. I feel civilians do not need to own assault weapons for any reason.

STREET TALK

How do feel about the ability to carry a concealed weapon?

Justin Bryant, freshman
Miami, Oklahoma

"If you've ever been convicted of a felony or have mental problems then no."

Mary Collins, sophomore
Miami, Oklahoma

"I am for being able to carry firearms, but regulating concealed weapons."

Kevin Bum, freshman
Kichan, Oklahoma

"Depends on your career. If it wasn't necessary, then it should be regulated."

Ronda Payton, freshman
Hartford, Kan.

"I never thought about it. I'm not the kind of person to revert to violence."

Travis Beck, freshman
Aten, Oklahoma

"I don't believe you should be allowed to carry a concealed weapon."
Giving the Gift of Life
Photos by Sara Livingston
LIFESTYLES

Advanced placement continues growth

By Joyce Johnson

The number of Oklahoma students participating in the Advanced Placement program, as well as the number of high schools offering AP courses, has almost doubled in the past five years, the Oklahoma state Regents for Higher Education announced today.

Regents also reported that the growth in Oklahoma’s AP participation for exams the national average and ranks Oklahoma among the top regionally.

The AP program enables students to earn college credit for classes taken while they are in high school. The courses cover a variety of academic subjects, such as art, biology, chemistry, computer science, economics, English, foreign languages, history, math and music.

Students must take a national AP exam in the subject in order to qualify for college credit.

The number of Oklahoma students taking AP coursework jumped to 3,816 in 1999, up 96 percent from 2,084 in 1993 and 25 percent from 3,502 in 1998.

Nationwide, the number of students taking AP courses increased 40 percent over the five-year period.

Oklahoma students participating in AP exams of 3,502 exams in 1999, a 86 percent increase over the 4,325 exams taken by Oklahoma students in 1995 and a 37 percent increase over the 5,963 exams taken in 1998.

In comparison, the number of exams nationally increased 66 percent from 1995 to 1999.

The increase in student participation in AP is largely the result of the dramatic increase in the number of Oklahoma schools offering AP courses.

In 1999, 167 Oklahoma high schools offered AP courses, more than double the 81 schools that participated in 1995.

Nationwide, the number of schools offering AP courses increased 14 percent from 1995 to 1999.

Regents report that Oklahoma’s growth numbers rank the state number one in the Southwest for the number of schools and students participating in AP and second in the region for the number if students taking AP exams for college credit.

States included in the Southwest were Arkansas, New Mexico and Texas.

“We are pleased to see more Oklahoma schools are expanding their curriculum to include AP courses and realizing the tremendous impact that AP courses can have on a students ability to prepare for college,” said Chancellor Hans Bracht.

The Oklahoma AP program also subsidizes exam fees for students showing economic need and provides schools with a $300 rebate for each score of 3 or above earned by that school’s students on a College Board AP exam.

Depression can strike anyone

By Mindy Fleming

Major depressive disorder referred to as depression is a function of brain chemistry that can affect anyone. About 1 in 20 Americans (11 million) depressions every year.

Depression is not just “feeling blue” or “down in the dumps.” Depression is a medical disorder.

High blood pressure, or heart disease are medical disorders day after day affects your thoughts, feelings, and physical health. Many different things can cause depression. For example, family history and genetics, other medical illnesses, certain medications, drugs or alcohol, and other psychiatric conditions can contribute.

Certain life conditions such as extreme stress or grief, mild depression or prevent a full recovery. In some people, depression occurs when life is going well. Depression is not just a feeling of sadness or being down. People who have major depressive disorder have a number of signs everyday, last all day, for at least 2 weeks. They include at least one of the 7 following: loss of interest in things you used to enjoy or feeling sad, blue, or down in the dumps.

A person may also have at least 3 of these symptoms: feeling slowed down or restless and unable to sit still, feeling worthless or guilty, increased or decreased appetite or weight, thoughts of death or自杀 thoughts of death or suicide problems concentrating, thinking, remembering, or making decisions, trouble sleeping or sleeping too much, and loss of energy or feeling tired all the time.

With depression, there are often other physical or psychological symptoms including: headaches, other aches and pains, cognitive problems, sexual problems, feeling fatigued or hopeless, and being anxious or worried.

Too often people do not get help for their depression, because they recognize the symptoms, have trouble asking for help, blame themselves and others.

Some people with depression:

The symptoms with depression and inappropriate “highs” (mania) that can last from months to years. Between the highs and lows, they feel completely condition is called bipolar disorder or manic-depression.

Bipolar disorder affects about 1 in 100 people. Just as eye or ear infections, manic-depression, in most cases is inherited. It can be genetic medical problems, such as head trauma, or neurotic or medical conditions.

Major depressive disorder is not caused by any one factor. It is a combination of biological, genetic, psychological, and other life conditions such as extreme stress or grief may be psychological or biological tendency toward depression. In some cases, depression occurs even when life is going well.

Drinking too much alcohol or using drugs can sometimes cause depression until drug and alcohol use is stopped, the depression usually goes away until it is treated with a health care provider of the patient has a drug or alcohol problem is treated.

Severe depression is present when a person has severe all of depression symptoms, and the depression almost keeps that person from regular day-to-day activities.

Mild depression can represent when a person has some symptoms of the depression that often keeps that person from doing the things that he or she likes to do.

Mild depression is present when a person has some of the symptoms of depression and it takes extra effort to do the things that the person needs.

For each type of depression there is a treatment that works best.
Golden Norsemen fight off late charge by Ranger in league opener

Feeling the effects of their first road trip, the Golden Norsemen overcame a lackluster performance to gain a 37-22 victory over Ranger College, last Saturday at Ranger Stadium.

Playing before a crowd of less than 500 spectators, the Golden Norse opened defense of their Southwest Junior College Football Conference crown. The Norsemen improve to 2-1 on the season.

The winless Rangers fall to 0-3 on the year.

"It was a little disappointin the way we played against Ranger. That's why we were worried about the first road game because I thought that we might have a let-down, and we did," said Norse head coach Dale Peterson.

"It was probably a good thing we had a turnover early and they scored because it served as a wake-up call and we responded. Except for the turnover, we played pretty well defensively for the first half."

We had our usual half in the second quarter and did not execute or play well the remainder of the game," Peterson said.

Ranger grabbed a 6-0 lead in the first quarter after linebacker Brandon Peterson intercepted an errant Matt Dutton pass. The Norsemen answered with a 52-yard drive off the kickoff to take a 3-6 lead.

plays before kickoff.

"Ranger is a better team than they have been the past three years. They have some very talented players and they played very hard. They kept us off-balance defensively by alternating three quarterbacks the whole game."

Dutton redeemed himself in the second quarter by finding freshman tight end Jeremy Shoemaker open on two consecutive touchdowns drives. The Norse marched 64 yards on 11 plays with Dutton finding Shoemaker on a 8-yard touchdown pass with 1:14 left in the first half. Jonathan Knott's extra point gave NED a 17-6 lead.

After a short 20-yard punt by the Rangers, Dutton engineered a 45-yard march in 10 plays. Once again Shoemaker slipped between the defense for a 7-yard touchdown pass. Knott's extra point increased NED's lead to 24-6.

Sophomore linebacker Rod Pickett gave the Golden Norse a touchdown after Ranger punter Kenzie Jans found the snap sail over his head from the 26-yard line. Pickett recovered the ball for a 1 TD with 5:44 before half.

Knott missed the extra point.

Ranger missed an opportunity to score just before halftime as Michael Williams was stopped on fourth straight running plays inside the 5-yard line.

"Think this was a crucial moment for our defense. If we would have scored, it would have given them new life to start the second half with," said Peterson.

Another poor punt by Jones enabled the Norse to build a 23-6 margin with 8:56 left in the third quarter as Knott hit a 34-yard field goal.

A fumbled punt return by Shawn Swindall allowed Ranger to set up shop at the NEO 34-yard line after Donald Glover fumbled on the ball. Second string quarterback Thomas Blue connected with wide receiver Isaac Clark on a 16-yard TD pass. Blue found Chase Wilson for the two-point conversion to cut the deficit to 23-14 with 3:33 left in the quarter.

NED's defense created another scoring chance after freshman cornerback Kolby Amaro sacked the quarterback and returned it to the Ranger 24-yard line. Ranger receiver Chad Brandt haulied the ball after catching a 17-yard pass from third-string quarterback Matt Morrison.

Dutton connected with wide receiver 1-A-A Armstrong on a 28-yard touchdown pass with 8:34 remaining in the game. The PAT by Knott gave NED a 30-14 cushion.

Morrison rallied the Rangers on a 34-yard, 11-play drive by scoring on a 2-yard run. A two-point conversion pass from Morrison to Ronnie Chamberlain placed the lead to 32-22 with 3:55 left on the clock.

A 25-yard touchdown run by sophomore linebacker Kevin Galbreath sealed the Norse victory with 1:36 left in the game.

Galbreath led the Norse with 64 yards on eight carries while teammate fullback Josh Schoby was limited to 31 yards on 15 carries.

"I'm concerned about our running game. We're still not running the ball like we should. Our two backs are doing a good job, but our fullback isn't blocking very well or getting the yards we need in crucial situations. Our offensive line needs to mature and come along more," Peterson said.

NED's defense held Ranger to 225 yards in total offense.

Michael Williams gained 66 yards on 13 carries to lead Ranger's ground game.

"Defensively, we played pretty well, but we've got to become more opportunistic. When we get put in a bad position, we've got to make something good happen," Peterson said.

Junior linebacker Randy Assler led the Norse defense with 10 unassisted tackles, 11 assists and one fumble caused and recovered.

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Lady Norse take 13-day break

After winning one of three matches on the road, the Lady Norse volleyball team travels to Kansas City, Mo., Thursday, Sept. 30, for a dual match with Langstow College. Prior to a dual match with Bi-State Athletic Conference for Compton County College in Warner on Tuesday, coach Stephanie Godby’s Lady Norse start 4-12 on the season.

Last week, the Lady Norse opened Bi-State Athletic Conference action by hosting Western Kentucky Community College of Fort Smith, Ark. Lady Norse dropped three straight games losing 15-1, 15-9 and 15-8 to the Lady Lions.

Traveling to Joliet, Ill., last Monday, the Lady Norse defeated Independent (Kan.) Community College 15-15 and 159 in the first match. Host Allen County Community College gained a 15-11 and 15-6 win over the Lady Norse in the second match.

The Lady Norse will have a 11-day break before resuming action Oct. 14 with a rematch against Western Kentucky Community College in Fort Smith, Ark. The Lady Norse will host the NEC Tournament on Oct. 23.

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1. The Montgomery GI Bill
2. Student loan repayment
3. Part-time income

The Army Reserve Officer Training Program is a smart way to pay for college. Post, if you qualify, the Montgomery GI Bill can provide you with over $10,000 for college expenses or approved school training.

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A Lady Norse assistant coach Seth Harrell (left) listens as player Katrina Smith (10), a sophomore from Paris City, Mo., shows him a brush during a time out in a match with Western Community College.

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