Spring Fling activities set

By Sara Livingston Manager-Editor

An open invitation to everyone on campus has been extended to participate in the annual Spring Fling activities scheduled to begin on Monday.

Co-sponsored by the Student Body Government and Student Activities, the festivities will begin with fire senders for all NED students from 6 p.m. to 9 p.m. at Wyatt's Kiva Drive-In on Monday. Wyatt's is located at 915 North Main.

"All you have to do is present a valid, student ID and you will receive a fire sender," said Aaron Owen, sophomore, Lamar, Mo., president of the Student Body Government.

The Annual Spring Fling Bandwalt will be held at 6:30 p.m. Tuesday at the Miami Tribal Nutrition Center.

Tickets for the fire or chicken dinner are $10 per person and may be purchased either in front of the alumni in the P agree G. Center.

Sara Student Union or from Shirley Patterson in the office of Student Affairs located on the first floor of the west end of Dunn Hall.

This year the banquet will be catered by Jim Bob's Squeak House of Joplin, Mo.

The Miami Tribal Nutrition Center is located east of town on 202 S. Eighth Street. Following the banquet, a dance will be held starting at 8 p.m. Students may be semi-formal for both the banquet and dance.

Elections scheduled Wednesday

By Sara Livingston Manager-Editor

Elections for offices in the Student Body Government are scheduled from 9 a.m. to 1 p.m., Wednesday, April 19.

Students are invited to the Baptist Col ege Student Ministry noon service at 12:15 p.m. in the building located just north of the intramural gym.

Any student with a valid college ID card can vote in the college pool from 3:30 p.m. to 7 p.m.

March of Dimes events slated

By Sara Livingston Manager-Editor

The college will hold a bake sale in the lobby of the library/administrative building from 10 a.m. to 12 p.m., Thursday, April 27.

April 21

Any students employed at either state or federal work study are reminded that time cards are due at the supervisor's office. The OWLS, Outer, Wiser, Learning Students, will meet at noon in the OWLS Center.

Thursday, April 20

The Baptist Col ege Student Ministry will host Noodle service in the building located just north of the main campus.

Friday, April 19

Any students employed at either state or federal work study are reminded that time cards are due at the supervisor's office. The OWLS, Outer, Wiser, Learning Students, will meet at noon in the OWLS Center.
By Jon Owens

Storms have a way of life for Oklahomans. Oklahoma is the "bull's eye" of Tornado Alley, say forecasters. Nowhere on earth do all the ingredients blend for more tornado activity than in Tornado Alley, which includes Oklahoma, Arkansas, Nebraska, Kansas, and Texas, they say.

"We represent the bull's eye of that activity," said Jan Giles, meteorologist from KOTV channel 6. "The thing that makes our weather so exciting that storms are born and exist here."

Termed-shaped clouds are among nature's most violent phenomena, causing greater damage than earthquakes, hurricanes, typhoons, droughts, and monsoons, say experts.

"Tornadoes have been on the increase of late, with more tornadoes occurring in Oklahoma than in any other state in the union," Giles said. "How many tornadoes have been reported in Oklahoma?"

"The typical tornado season is in March to June, Giles said "and the most destructive month is May."

According to the National Weather Service, Oklahoma is hit by an average of 36 tornadoes a year, but the number does vary considerably from year to year. The services tornado statistics show that Oklahoma has had as many as 107 tornadoes in 1957 and as few as 17 in 1988. Oklahoma had 90 tornadoes last year.

Ken Smith of Weather Data in Wichita, Kan., said 1,389 people have died in Oklahoma since 1957.

F3: 150-206mph, roof, walls torn off, well-constructed buildings and heavy cars lifted off the ground, most trees uprooted.

F4: 207-250mph, well-constructed buildings can be thrown long distances.

F5: 261-318mph, incredible damage, large houses destroyed, cars thrown 800 feet, extremely dangerous.

Two-thirds of the tornadoes in Oklahoma are F0-F2. While less than one third are F2-F5, while fewer than two percent are F4-F5, but they account for 70 percent of the damage.

Bill Rumbling, National Weather Service meteorologist, said Oklahoma City has had 45 reported tornadoes, more than any other city in the U.S. because it is in the center of Tornado Alley.

Last year the Oklahoma City suburbs of Midwest City, Moore and Del City sustained numerous casualties and millions of dollars worth of damage as an F5 tornado tore through a path of destruction several miles long and two miles wide.

Disorder Increasing

Social Anxiety growing

By Mindy Fleming

How do you know if you are shy? Or if you are a social phobia? And if you fear social situations is short-circuited your life, is there anything you can do? According to the National Co-morbidity Survey, conducted in 1990, more than 13 percent of Americans have experienced the symptoms of social anxiety disorder.

---National Survey

1998, more than 13 percent of Americans have experienced the symptoms of social anxiety disorder at some point in their lives. The same survey found that at any given time, 4.5 percent of the population meet the diagnostic criteria of major social anxiety disorder.

Unusual social phobia can lead to serious problems, so it is important to identify and treat this condition.

It has been found that almost six in 10 social phobics are clinically depressed, and one in four have been treated for substance abuse, according to a review article published in the December 1999 Journal of Clinical Psychiatry.

The researchers speculate that the isolation brought on by social phobia contributes to the other disorders.

Medication and psychotherapy can help this particular problem. This particular issue may upset and result in more obvious and popular problems. If one should question this topic, there are various sites to turn for assistance.

How do you motivate yourself to finish the semester?

Shelby Birr, sophomore

"I think about what it will be like after I graduate with a degree."

Matt Block, sophomore

"I keep telling myself there are only three weeks left til the end."

Stacy Springfield, sophomore

"My motivation for the entire school year has been graduation."

John DuBois, sophomore

"There really is no motivation, it has all just been pure luck."

Lisa Van Hoose, sophomore

"I really don't have to worry about motivation because I love school."

Member of Associated Collegiates Press

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Mindy Fleming

News Editor

Jon Owens

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Aubrie Hayes

Photography Editor

Monty Frank

Assistant
Birdsong sells democracy

By Jon Owens
Features Editor

A woman asked Benjamin Franklin, "What have you made for us." Franklin replied, "A democracy madam if you can keep it." Political science instructor Jeff Birdsong discusses the importance of how we should be active in our government.

"I don't feel the average American doesn't participate in the government. But I don't blame them. There is no incentive to participate. I understand people's frustration. People should not say money controls everything. It won't get better unless people stop standing on the side line," said Birdsong.

"I believe the Oklahoman Legislature believes it is important for informed citizens to be active and participate. That is why it is a general education requirement to take American Government. The class teaches students how the system works."

"I believe another reason for making the course mandatory would be that the more one knows about the system the more faith one may have in it. However some may lose their faith in it," Birdsong said.

"A representative democracy can not survive without people participating. If there is no one participates, a void could be filled with a dictatorship. It is vital for people to participate," said Birdsong.

"One of the things we demonstrate and talk about in government is common dissonance. An example would be students like everyone receive their information from the press of friends. They are limited to what they know. I think people get a distorted view of the president that he is more powerful than he really is," said Birdsong.

"Another distortion is that bureaucracy is inefficient. The only stories you find in the news are when a bureaucracy is inefficient. For example, it is not news if a letter is on time, but it is in news if it is 20 years late, then we believe the postal service is inefficient," said Birdsong.

"I feel the government system does not work as well as it should. I think the main problem is there is not as much competition across America for it to be a truly representative democracy," said Birdsong.

"The key thing I try to present in all my classes is that there are no easy answers and we deceive ourselves when we think there are. Because of that we have to continue to study and think and work all of our lives to maintain a representative democracy," said Birdsong.

"I believe there will be more students who will be active next fall in government with the presidential election coming up in the fall. This year we had a congressional candidate come and speak at NOC. NOC channel 13 did a great job of informing people of political meetings."

"This has not been a lot of political activity on campus but I think that will change in the fall as well. I think congressional candidates will come and talk and visit our campus," said Birdsong.

"In some ways it is daunting to people how much work goes into politics. The Civil Rights movement along with the Women's Rights movement went on for years. Changes don't come easy but with a lot of hard work anything is possible," said Birdsong.

Journalist capture numerous awards during Media Day

Both student publications at Northeastern A&M College combined to win 14 awards during the 31st annual Northeastern Oklahoma State University Media Day, last Thursday in Tahlequah.

Competing against eight other two-year colleges from Oklahoma and Western Community College from Fort Smith, Ark., both The Norse Wind weekly student newspaper and the Viking yearbook finished third overall in their respective categories.

Rose State College of Midwest City won first place overall in the newspaper competition while Eastern State College of Wilburton finished second. Westark captured first place in the yearbook category followed by Eastern.

Under the direction of Miami Sophomore Sara Livingston, The Norse Wind received general excellence plaques for overall article page layout and design and overall sports reporting.

Livingston received a second place certificate in the newsfeature photography competition while earning honorable recognition in the news writing category.

Freshman Jon Owens of Midwest City received an honorable mention certificate in feature writing while freshman John Colby of Grove placed third in editorial writing.

Sophomore Mindy Fleming of Locust Grove finished third in feature writing and received honorable mention in news-feature photography.

 Broken Arrow freshman Mackenzie Blanket and Miami freshman John Pettit finished first and second in the sports writing competition.

Aurora Hayes, a freshman from Holdenville, earned honorable mention in both the newfeature and sports photography categories.

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At left: An undecorated Fancy Dancer participates in the evening contest during the Native American Student Association Pow Wow in the ornamental gym.

Top: The Pow Wow Princess leads a procession during the NASA Pow Wow last weekend in the ornamental gym.

Bottom: A father and daughter participate in the annual NASA Pow Wow.

Photos by Gano Perez
SLIDES RIGHT BY
Lady Norse freshman Susie Sanders slides by a tag from Bacone College shortstop Julie Hughey during a game last week on the NEO diamond.

STREAK CONTINUES
Ladies start road trip

While Mother Nature washed out Tuesday's trip to Harrison, Ark., to start a 10-game road swing, coach Eric Heron's Lady Norse own a seven-game winning streak.

The Lady Norse were expected to travel to Seminole Thursday for a 2 p.m. rematch with third-ranked Seminole State College. The Belles are 3-6-1 on the season and 1-1-1 in the Big State Athletic Conference. NEO stands 27-4 on the season and 19-2 in the league.

After the trip to Seminole, the Lady Norse journey to Warner on Saturday to face 15th-ranked Connors State before playing at Carl Albert on Tuesday and 14th-ranked Crowder on Thursday. Lady Norse 9-6, Bacone 0-4

Sophomore pitcher Keri Harris tossed a two-hit shutout as the Lady Norse defeated the Lady Warriors 9-0 last week on the NEO diamond.

A three-run home run by Nicole Wolski highlighted a six-run second inning for the Lady Norse.

Leslie Prather and Stacie Harris collected two hits each to lead the 12-hit Lady Norse offense.

A five-run fourth inning enabled the Lady Norse to gain a 6-4 win in the second game.

Prather, Stacie Harris, Cindy Stemple and Susie Sanders had singles for NEO.

Lady Norse 5-0, Murray State 0-4

Sophomore right-hander Kate Kimbrugh pitched two solid innings as the Northeastern A&M Lady Norse swept a double header 11-4 and 5-0 last week over Murray State College in Enid.

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NORSE WIND
Friday, April 14, 2000
Roller-coaster ride continues

By John Pettit

Continuing to hold on to a roller coaster season, coach Roger Ward’s Norcross have been in the top one-third of the regular season pacing clubs in most of the doubleheaders. Prior to Tuesday’s games with Rossville in McLouth City, the Niners were 16-19 on the season and 3-5 in the Bi-State Athletic Conference. The Golden Niners will host Cowler College, Mt. Saturday at 1 p.m. in a non-conference doubleheader before traveling to Weatherford on Tuesday for a p.m. conference matchup with fourth-ranked Cowler Community College.

Norcross 10-8, Butler County 6-11

Despite scoring 24 runs in two games, the Niners split a non-conference double-header with the Butler County Community College Tigers on Monday in El Dorado, Kan.

The Niners built a 7-0 lead after two innings while cruising to a 14-6 win in the first game. Butler County rallied from a 10-4 deficit to gain a 11-10 win in the second game.

Westark 11-13, Norse 10-8

After suffering a 11-10 loss in the first game, the Golden Niners sustained a 13-0 shutout in the second of a Bi-State Athletic Conference double-header to 11th-ranked Westark Community College, last Saturday at Home Thomas Field.

Westark jumped out to a 4-0 lead in the top of the first inning of the first game. After Luke Weatherford singled to start the game, Aaron Grimes reached on an error by Brett Haskin as second base. Scott Woods singled scoring Weatherford. Ryan Fox followed with a three-run home run to left.

A double by Nick Zadrow and a single by Jesse French gave NEO a scoring chance in the bottom of the second inning. A sacrifice fly by Brad Blacken cut the deficit to 4-1.

Two errors by NEO starting pitcher Brian Haskin gave the Lions an unearned run in the top of the fourth inning. After Paul Cookson reached on Haskin’s throwing error, Graves singled with two runs to give the Lions a 5-1 cushion.

With one out in the bottom of the fourth inning, Zadrow singled and French doubled. Both base runners scored on a home run by Blacken in pull NEO to a 5-4 deficit.

The Lions responded with three runs in the top of the fifth on a walk to Fox and a two-run homer by Greg Pratt. Danny Sisson followed with a triple and Adam Coleman singled scoring Sisson for a 8-4 Lion lead.

Second baseman Sissyil Ryan Kenning hit his third home run in as many games after Danny Langdon singled with one out in the bottom of the fifth inning.

Westark added two runs in the top of the seventh inning after Pratt singled and Sisson walked. Cookson singled scoring Pratt and Sisson scored as Weatherford reached on a fielder’s choice.

Williams, Langdon and French hit two hits each to pace the 11-hit Norse attack. Weatherford, Coleman and Cookson had two hits each for the Lions.

Westark out-hit the Golden Norse 16-8 in gaining a foreboding shutout in the second game. The lone Norse hit was a double by Zadrow to lead off the bottom of the fourth inning.

Home runs by Fox and Brandon Young along with a double and two singles by Weatherford paced the Lion offense.

Maple Woods 7-12, Norse 6-2

Unable to hold on to a 6-5 lead, the Niners suffered a 7-6 loss and a 12-2 deficit at the hands of Maple Woods Community College at Kansas City, Kan., last week at Home Thomas Field.

Maple Woods jumped out to a 3-0 lead in the top of the second inning of the first game on consecutive singles by Adam Murray and Jeff Kent and a three-run home run by Alex Burgos.

Kenning, Zadrow and Blackman each had two hits to pace the 10-hit Norse attack. Ryan Murray and Jeff Kent collected two hits each for Maple Woods.

Silo home runs by Kenning and Hunter Small accounted for all of NEO’s runs in the second game. Kenning connected with one out in the first inning while Small led off the sixth inning with his home run.

A two-run home run by Jody Broughton in the fifth inning and a two-run homer by Kent in the sixth pushed the 18-hit attack by the Centurians. Murray added a double and two singles as Maple Woods scored four runs in both the sixth and seventh innings.
The Norsewind – the NEO A&M College Newspaper

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