Friday, October 30, marked the 10th annual “Unmask your career” Power Lunch. There were twelve honored guests who shared about their career choice and then answered questions from students interested in related fields. There were more than 35 students in attendance for the event. The professionals Joey De La Rosa spoke with offered him encouragement. Joey stated; “I experienced support for what I want to do in my life from everyone.”

Our guests were also impressed with the event and students participating in the Power Lunch.” Several expressed the positive interaction with students. Special guests of the day included Captain Thomas Anderson, Miami Police Department, Ronnie Cline - Fire Chief, Chuck Childs - City Engineer and Travis Jones - City Inspector all with the City of Miami; Kristy Chance - Social Worker with Seneca Cayuga Tribe; Troy Fugate - Criminal Justice instructor with NEO; Chad Fuston - Assistant Director of Support, Training and Maintenance for Oklahoma State Regents for Higher Education; Dr. Muzaffar - Orthopedic surgeon with Integris Health Systems; Jim Paxon - Teacher and Coach for Miami High School and Tammy Perry - Workforce Specialist with Workforce Oklahoma.

If you have any ideas for next year’s special guests be sure and let Bobbie know.
Harding: Scholarship recipient
Chauntelle Harding was the recent winner of the SSS book scholarship. She is a sophomore at NEO working toward her associate’s degree in Psychology and Sociology. Chauntelle is a member of PTK who will be graduating this spring and plans to transfer to complete her bachelor’s degree. Chauntelle is married with four children and is employed by Community Crisis Center Inc., which is a local women’s shelter for domestic violence.

Long: New employee at SSS
Donni Long has joined the staff of SSS as a part-time employee, specializing in computers. Donni has worked in the newspaper industry for more than 10 years in layout and design as well as graphic design. She will be at SSS every afternoon from 1-4, Monday thru Friday.

Student of the Month

Brenda Fry, August Student of the Month is a sophomore who is always very helpful in SSS and willing to lend a hand to anyone in need. She is currently finishing her associate’s degree in Psychology and Sociology with a Pre-Social Work Option. She will graduate in December and will be transferring to Pittsburg State University.

Jacob Hill was selected as our October Student of the Month. Jacob is a favorite math tutor for students here at SSS. He is a sophomore at NEO from Augusta KS. His associates in Pre-Engineering with emphasis in math will be complete this Spring. Jacob has his sights set on being a high school math teacher and wrestling coach in the future.

Michael Stribling, sophomore, was selected as the September Student of the Month. Michael is a tutor for SSS. He plans to transfer to MSSU to continue pursuing his education in Criminal Justice Administration after graduating from NEO in December. Michael has his sights set on being a high school math teacher and wrestling coach in the future.

Andre Seymore was chosen as our November student of the month. Andre is a Mass Communications major here at NEO. We expect for him to be the next great sportscaster.

Don’t forget to sign-up for our Potluck Dinner on December 4
There is no better way to decrease our stress level than a giant meal! So sign up, prepare and bring your favorite recipe to share with everyone!
Be Realistic: Making your plan too strict on paper so you can feel good about buckets of imaginary money you’re going to accrue in the near future isn’t going to help you in the long run. You do still have to enjoy living; try to keep that in mind so you can actually stick to your budget.

The Little Things: The inexpensive dailies really add up. What is it for you? Is it coffee, bagels, magazines or soda?

Make Substitutions: You don't necessarily have to stop doing everything you love. Just find a better way to do it. Make your own instead of dropping the money at a coffee shop.

Coupons: Not the clipping type? Don't worry, use smartphones, coupon apps like Coupon Sherpa, Favado or Mobile Coupons.

Go Old School: I think one of the most difficult things in keeping track of money is due to this cashless society we live in. It makes it so much harder to understand where our money disappears. The best way to not overspend is to carry cash whenever possible — out to dinner or to the grocery store. When you take out exactly what you have allotted for that outing you won't splurge because you won't have any more money to use. It's an easy way to keep yourself on track and not splurge in the moment.

Cut It Out: What monthlies can you live without? Do you really need Netflix and Hulu Plus? Get rid of something for a month or two; see if you really miss it. Don't worry! If you really feel the loss, you can always go back.

Treat Your Self: Make a list of small inexpensive things you can splurge on, something out of the ordinary to look forward to. Set a small price limit, allot for it and choose one each week. It’s a little pat on the back for sticking to your budget. If you just keep denying yourself over and over you will get worn down and not likely stick to your budget.

Thank you to all who made the “Indian Taco” fundraiser a success. We raised more than $700.00 for the SSS book scholarship.

“I ‘mustache’ you a Question!” How was the trip to Oklahoma State University?

Spotlight on Academic Success

Congratulations to recent inductees Mahala Epperson, Mychaelon Mullins and Whitney Kinder to Phi Theta Kappa. Hard work and discipline continues to pay off for our students.

Dedication to education pays off as Miguelangel Pineda Soto proudly displays his “Top Ten Freshman Award” with Lenny. Great Tutor! Great Student!
SSS book scholarship applications:
Due December 1

Don’t miss the opportunity to be awarded up to $300 from Student Support Services book scholarship. Requirements include:
- must be a current SSS participant, enrolled in 12 or more credit hours for the spring semester,
- cumulative GPA of 2.0 or above and submit the application with essay before December 1, 2015.

The essay should focus on your motivation to attend college and your future plans. Additional information might include circumstances or reasons for the need of a book scholarship and how it would be helpful. Don’t delay any longer in completing your scholarship application and turn it in to Julie before the December 1st deadline.

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<th>Class</th>
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* Study Group For Final on Wednesday or Thursday

Sandra Showen, is pictured above during her recent art show, with a beautiful collection of her work. Pictured to the left is Red Cross Volunteer Services Specialist, Cindy Webster, presented opportunities to volunteer at the Nov. 5 Power Lunch.

Bobbie and a group of nine students had a great dinner and attended “A Christmas Story” the musical at the Tulsa Performing Arts Center.