



Wellness Center*

Fall 2018 Facility Hours

(August 20th –December 14th)

Main Desk: 918-540-6372

Aquatics Center: 918-540-6268

Wellness Coordinator: 918-540-6098

Aquatics Coordinator: 918-540-6169

Remind Text: @neopool To: 81010

Monday - Thursday: 6:00am-9:00pm

Friday: 6:00am-8pm

Saturday & Sunday: 6:00am-10:00am/1:00pm-5:00pm

**includes Core Fitness Room*

POOL*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am			MHS		MHS		
7-8am							
8-9am		Integris Hospital		Integris Hospital		Integris Hospital	
9-10am							
10-11am	Closed						Closed
11-12pm							
12-12:30pm							
12:30-1pm			Home of Hope		Home of Hope		
1-1:30pm						Mt Olive 9/28, 10/5, 11/2, 12/7	
1:30-2pm							
2-3pm		Arthritis	MHS	Arthritis	MHS	Arthritis	
3-4pm							
4-5pm		NEO	NEO	NEO	NEO	NEO	
5-5:30pm							
5:30-6pm			Aqua Zumba		Aqua Zumba		
6-6:30pm	Closed						Closed
6:30-7pm							
7pm-8pm							
8pm-9pm						Closed	

**Pool hours are subject to change without notice. We suggest you join the Remind Text to receive these notifications.*

**In the event that lightning is spotted, the pool will be closed immediately and all swimmers will exit the pool.*

*** Lifeguard(s) on duty are certified.*

Color Key	Yellow	Black	No Open Swim
	Blue	White	Open Swim Available