



Wellness Center*

Spring 2019 Facility Hours

(January 14th - May 9th)

Main Desk: 918-540-6372

Aquatics Center: 918-540-6268

Wellness Coordinator: 918-540-6098

Aquatics Coordinator: 918-540-6169

Remind Text: @neopool To: 81010

Monday - Friday: 6:00am-9:00pm

Saturday: 6:00am-2:00pm

Sunday: 2:00pm-9:00pm

**includes Core Fitness Room*

POOL*

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6-7am	Closed		MHS		MHS		
7-8am			6-8am		6-8am		
8-9am		Integris		Integris		Integris	
9-10am		Hospital		Hospital		Hospital	
10-11am		8-11am		8-11am		8-11am	
11-12pm							
12-1pm							
1-2pm							
2-3pm		Arthritis	MHS	Arthritis	MHS	Arthritis	Closed
3-4pm			2-4pm		2-4pm		
4-5pm		NEO	NEO	NEO 4-6pm			
5-5:30pm							
5:30-6pm			Aqua Zumba 530-630		Aqua Zumba 530-630		
6-6:30pm							
6:30-7pm							
7pm-8pm							
8pm-9pm							

**Pool hours are subject to change without notice. We suggest you join the Remind Text to receive these notifications.*

**In the event that lighting is spotted, the pool will be closed immediately and all swimmers will exit the pool.*

*** Lifeguard(s) on duty are certified.*

Color Key	Yellow	Black	No Open Swim
	Blue	White	Open Swim Available